



Cara Ferrick · 3rd

Owner/Managing Dir. @ CorePower Yoga Franchise Studios

Santa Barbara, California, United States · 500+ connections ·

[Contact info](#)



**Central Coast
Yoga/CorePower Yoga**

Experience



Central Coast Yoga/CorePower Yoga

15 yrs 7 mos



Owner/Regional Operations Manager/Lead

Jan 2013 – Present · 8 yrs 4 mos

Santa Barbara, California Area



Regional Manager

Oct 2005 – Dec 2012 · 7 yrs 3 mos

Board Member

Ghost Flower

Nov 2020 – Present · 6 mos

Assistant to Ralph Lauren

Polo Ralph Lauren · Full-time

2001 – 2003 · 2 yrs

New York, United States

Education

**University of Colorado Boulder**

1996 – 1999

Skills & endorsements

Yoga · 32

Endorsed by **Lola Dikaïou** and 1 other who is highly skilled at thisEndorsed by 10 of Cara's colleagues at **CorePower Yoga**

Wellness · 28

Endorsed by **Lola Dikaïou**, who is highly skilled at thisEndorsed by 6 of Cara's colleagues at **CorePower Yoga**

Fitness · 26

Endorsed by **Lola Dikaïou** and 1 other who is highly skilled at thisEndorsed by 7 of Cara's colleagues at **CorePower Yoga**[Show more](#) ✓

Accomplishments

2 Languages

English · Spanish

Interests

**CorePower Yoga**

24,729 followers

YouthWell**YouthWell**

117 followers



TSG Consumer Partners
5,973 followers



Ghost Flower Inc.
73 followers



University of Colorado Boulder
277,229 followers



Dave Goetz Bodywork
80 followers