

**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
December 3, 2018**

**ORDER GRANTING CONFIDENTIAL TREATMENT
UNDER THE SECURITIES EXCHANGE ACT OF 1934**

Twinlab Consolidated Holdings, Inc.

File No. 0-55181 - CF#37032

Twinlab Consolidated Holdings, Inc. submitted an application under Rule 24b-2 requesting confidential treatment for information it excluded from the Exhibits to a Form 10-Q filed on November 19, 2018.

Based on representations by Twinlab Consolidated Holdings, Inc. that this information qualifies as confidential commercial or financial information under the Freedom of Information Act, 5 U.S.C. 552(b)(4), the Division of Corporation Finance has determined not to publicly disclose it. Accordingly, excluded information from the following exhibit(s) will not be released to the public for the time period(s) specified:

Exhibit 10.178	through January 27, 2020
Exhibit 10.180	through January 27, 2020
Exhibit 10.181	through January 27, 2020

For the Commission, by the Division of Corporation Finance, pursuant to delegated authority:

Brent J. Fields
Secretary