



DIVISION OF
CORPORATION FINANCE

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

August 15, 2013

Via E-mail

Cliff Blake

Chief Executive Officer and President

First Rate Staffing Corporation

2775 West Thomas Road

Suite 107

Phoenix, AZ 85018

Re: First Rate Staffing Corporation
Form 8-K
Filed November 13, 2012
Form 10-K for the Year Ended December 31, 2012
Filed April 11, 2013
File No. 000-54427

Dear Mr. Blake:

We have completed our review of your filings. We remind you that our comments or changes to disclosure in response to our comments do not foreclose the Commission from taking any action with respect to the company or the filings and the company may not assert staff comments as a defense in any proceeding initiated by the Commission or any person under the federal securities laws of the United States. We urge all persons who are responsible for the accuracy and adequacy of the disclosure in the filings to be certain that the filings include the information the Securities Exchange Act of 1934 and all applicable rules require.

Sincerely,

/s/ Terry French for

Larry Spigel
Assistant Director

cc: Via E-mail
Anthony A. Patel, Esq.
Lee W. Cassidy, Esq.
Cassidy & Associates