

ADIA NUTRITION INC

CONTROL LOG

Common stock

Monday, July 29, 2013

DATE	SHAREHOLDER	CERT	STATUS	CANCELLED	ISSUED
2 /28/2013	Starting Balance - Shares Outstanding				73,399,861.00
	Transactions				
3/18/2013					
	ROBERT SHIVELY	2339	R		1,500,000.00
	WEN PENG	2340	RC		3,000,000.00
	APRIL NUGENT	2341	RC		10,000,000.00
	JENNIFER SINGHAL	2342	RC		3,000,000.00
	CYNTHIA ISABELLA LI QIAO WONG	2343	R		1,000,000.00
	WILLIAM FEASTER	2344	R		2,000,000.00
	GOLDEN COMMUNICATIONS INC	2345	R		500,000.00
	REVETE CAPITAL PARTNERS LLC	2346	R		2,000,000.00
	Balance after transaction				96,399,861.00
4/29/2013					
	GOLDEN COMMUNICATIONS INC	2347	R		1,500,000.00
	Balance after transaction				97,899,861.00
07/29/2013	Current Control Log Balance - Shares Outstanding				97,899,861.00

Free Trading Stock	13,848,781
Restricted Stock	84,051,080
Shares Outstanding	97,899,861