

FORM 8-K

Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

Departure of Director - Robert E. Chmiel

The Company accepted the resignation of Robert E. Chmiel on September 9, 2010, effective immediately resigning his position on the Board of Directors of Americas Energy Company (AEC Co).

Mr. Chmiel's resignation was not related to any matter relating to the Registrant's operations, policies or practices.

Mr. Chmiel indicated that he will assist Americas Energy Company-AEC Co as he is available.

The Company has identified a replacement for Mr. Chmiel and appreciates the time he served on the Board.

Appointment of Director - John W. Gargis

Effective September 9, 2010, the Board of Directors of Americas Energy Company (AEC Co) appointed John W. Gargis to the Board of Directors. Mr. Gargis will serve until the next annual shareholders meeting.

Mr Gargis's background includes a successful history of senior-level management, entrepreneurial and corporate accomplishments. Success has been based on an ability to build strong customer relationships, control costs, maximize profits, enhance quality, recruit top employees, and boost operating efficiency.

Education

Samford University, Birmingham, AL

B.S., Management and Industrial Relations; Banking and Economics – 1969

Licenses - State of Tennessee Real Estate Broker

Tennessee National Guard; Honorable Discharge

Employment History

2003-2010, Executive Assistant, Big D Coal Company, Alcoa, TN

Secured coal mine properties in AL, KY, VA, and W. VA.

2001-2003 Real Estate Services, Brackfield & Associates, Knoxville TN

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Americas Energy Company-AEC Co

Date: September 15, 2010

By: \s\ Christopher L. Headrick, President
Name: Christopher L. Headrick
Title: President and CEO
Principal Executive Officer and Principal Financial Officer