

**FORM 8-K**

**Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.**

*Departure of Director - David L. Nelson*

The Company received a notice of resignation on August 25, 2010 from David L. Nelson, that effective immediately he had resigned his position on the Board of Directors of Americas Energy Company (AEC Co).

Mr. Nelson's resignation was not related to any matter relating to the Registrant's operations, policies or practices.

Mr. Nelson indicated that demands on his time related to other business commitments were why he could not continue as a Board member.

The Company has not identified a replacement for Mr. Nelson and appreciates the time he served on the Board.

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**Americas Energy Company-AECo**

Date: August 30, 2010

By: \s\ Christopher L. Headrick, President  
Name: Christopher L. Headrick  
Title: President and CEO  
Principal Executive Officer and Principal Financial Officer