

13F Information Table
12/31/2011

Description	CUSIP	Current Value	Quantity	Type	Invest Discr	Other Mgrs	Voting Auth
3M Company	88579Y101	2,103,567	25,738	SH	SOLE	NONE	25,738
A E S Corp	00130H105	23,680	2,000	SH	SOLE	NONE	2,000
A G L Resources	001204106	44,880	1,062	SH	SOLE	NONE	1,062
A T & T Corp.	00206R102	145,152	4,800	SH	SOLE	NONE	4,800
Abbott Labs	002824100	3,926,260	69,825	SH	SOLE	NONE	69,825
Adobe Systems	00724F101	2,346	83	SH	SOLE	NONE	83
Advance Auto Pa	00751Y106	1,436,119	20,625	SH	SOLE	NONE	20,625
AFLAC Inc.	001055102	17,304	400	SH	SOLE	NONE	400
Air Products &	009158106	104,358	1,225	SH	SOLE	NONE	1,225
Allscripts Heal	01988P108	1,605,392	84,762	SH	SOLE	NONE	84,762
Amazon.Com, Inc	023135106	17,310	100	SH	SOLE	NONE	100
Ameren Corp (HI	023608102	66,260	2,000	SH	SOLE	NONE	2,000
American Intern	026874107	2,320	100	SH	SOLE	NONE	100
Ameriprise Fina	031897101	3,326	67	SH	SOLE	NONE	67
Amgen Inc.	031162100	1,848,542	28,789	SH	SOLE	NONE	28,789
Annaly Capital	035710409	75,730	4,745	SH	SOLE	NONE	4,745
Apache Corp	037411105	1,481,436	16,355	SH	SOLE	NONE	16,355
Apple Computer	037833100	696,600	1,720	SH	SOLE	NONE	1,720
Applied Materia	038222105	775,963	72,452	SH	SOLE	NONE	72,452
Astropower Inc	04644A101	1	150	SH	SOLE	NONE	150
Automatic Data	053015103	355,548	6,583	SH	SOLE	NONE	6,583
Avista Corporat	05379B107	3,509,004	136,272	SH	SOLE	NONE	136,272
B M C Software	055921100	1,295,957	39,535	SH	SOLE	NONE	39,535
Badger Meter	056525108	589	20	SH	SOLE	NONE	20
Baidu Inc Adr	056752108	2,329	20	SH	SOLE	NONE	20
Bank of America	060505104	27,995	5,035	SH	SOLE	NONE	5,035
Bank of NY Co I	064057102	44,778	2,249	SH	SOLE	NONE	2,249
Beam Inc	073730103	10,246	200	SH	SOLE	NONE	200
Becton Dickinso	075887109	1,324,786	17,730	SH	SOLE	NONE	17,730
Berkshire Hatha	084990175	114,755	1	SH	SOLE	NONE	1
Berkshire Hatha	084670207	772,919	10,130	SH	SOLE	NONE	10,130
Best Buy Co	086516101	16	1	SH	SOLE	NONE	1
BHP Billiton Lt	088606108	2,331	33	SH	SOLE	NONE	33
Boston Scientif	101137107	26,700	5,000	SH	SOLE	NONE	5,000
BP Amoco Plc Ad	055622104	118,817	2,780	SH	SOLE	NONE	2,780
Brady Corp Cl A	104674106	63,140	2,000	SH	SOLE	NONE	2,000
Bristol-Myers S	110122108	167,390	4,750	SH	SOLE	NONE	4,750
Cablevision Sys	12686C109	4,238	298	SH	SOLE	NONE	298
Canadian Nation	136375102	117,840	1,500	SH	SOLE	NONE	1,500
Canadian Natura	136385101	22,870	612	SH	SOLE	NONE	612

Canon Inc Adr J	138006309	24,795	563 SH	SOLE	NONE	563
Carefusion Corp	14170T101	29,653	1,167 SH	SOLE	NONE	1,167
CBRE Group Inc	12497T101	14,459	950 SH	SOLE	NONE	950
Celgene Corp	151020104	2,231	33 SH	SOLE	NONE	33
Cemex Sa Adr Ne	151290889	118	22 SH	SOLE	NONE	22
Cenovus Energy	15135U109	598,264	18,020 SH	SOLE	NONE	18,020
Cerner Corp.	156782104	6,220,121	101,553 SH	SOLE	NONE	101,553
Charles Schwab	808513105	993,718	88,252 SH	SOLE	NONE	88,252
Chevrontexaco C	166764100	1,051,870	9,886 SH	SOLE	NONE	9,886
Church & Dwight	171340102	27,456	600 SH	SOLE	NONE	600
Cigna Corp.	125509109	42,000	1,000 SH	SOLE	NONE	1,000
Cisco Systems I	17275R102	6,203,249	343,100 SH	SOLE	NONE	343,100
Citigroup	172967424	74,036	2,814 SH	SOLE	NONE	2,814
Cliffs Natural	18683K101	62,350	1,000 SH	SOLE	NONE	1,000
Clorox Co.	189054109	33,280	500 SH	SOLE	NONE	500
Coca Cola Compa	191216100	489,580	6,997 SH	SOLE	NONE	6,997
Colgate Palmoli	194162103	50,815	550 SH	SOLE	NONE	550
Comcast CP New	20030N200	46,460	1,972 SH	SOLE	NONE	1,972
Con Edison Co o	209111103	1,947,742	31,400 SH	SOLE	NONE	31,400
Conocophillips	20825C104	5,971,041	81,941 SH	SOLE	NONE	81,941
Cons Freight "B	209232107	1	750 SH	SOLE	NONE	750
Corning Inc.	219350105	24,922	1,920 SH	SOLE	NONE	1,920
Covidien Ltd	G2552X108	2,457	55 SH	SOLE	NONE	55
CPFL Energia SA	126153105	4,232	150 SH	SOLE	NONE	150
Cree Inc	225447101	11,020	500 SH	SOLE	NONE	500
Crystal Rock Ho	22940F103	451	600 SH	SOLE	NONE	600
CSX Corp	126408103	1,031,666	48,987 SH	SOLE	NONE	48,987
Cummins Inc	231021106	57,213	650 SH	SOLE	NONE	650
CVS Caremark Co	126650100	1,352,539	33,167 SH	SOLE	NONE	33,167
Daimler A G	D1668R123	16,930	386 SH	SOLE	NONE	386
Dendreon Corp	24823Q107	12,920	1,700 SH	SOLE	NONE	1,700
Devon Energy Co	25179M103	75,082	1,211 SH	SOLE	NONE	1,211
Disney (Walt)	254687106	58,763	1,567 SH	SOLE	NONE	1,567
Du Pont De Nemo	263534109	149,105	3,257 SH	SOLE	NONE	3,257
Duke Energy Cor	264399106	44,000	2,000 SH	SOLE	NONE	2,000
E M C Corp	268648102	1,656,814	76,918 SH	SOLE	NONE	76,918
Earthshell Corp	27032B209	1	141 SH	SOLE	NONE	141
Eli Lilly	532457108	333,311	8,020 SH	SOLE	NONE	8,020
Encana Corp	292505104	602,688	32,525 SH	SOLE	NONE	32,525
Endo Pharm Hold	29264F205	13,812	400 SH	SOLE	NONE	400
Energy Transfer	29273R109	2,659	58 SH	SOLE	NONE	58
Enerplus Corp	292766102	7,596	300 SH	SOLE	NONE	300
Ennis Business	293389102	31,992	2,400 SH	SOLE	NONE	2,400
Ensco Int'l Inc	26874Q100	22,381	477 SH	SOLE	NONE	477
EOG Resources I	26875P101	39,601	402 SH	SOLE	NONE	402
Evergreen Solar	30033R306	3	234 SH	SOLE	NONE	234
Expeditors Inte	302130109	1,019,494	24,890 SH	SOLE	NONE	24,890

Exxon Mobil Cor	30231G102	4,719,945	55,686 SH	SOLE	NONE	55,686
FDX Corp	31428X106	56,536	677 SH	SOLE	NONE	677
Federal Mogul C	313549404	2,463	167 SH	SOLE	NONE	167
First Solar Inc	336433107	2,026	60 SH	SOLE	NONE	60
Fiserv Inc.	337738108	881	15 SH	SOLE	NONE	15
Flextronics Int	Y2573F102	1,083,013	191,345 SH	SOLE	NONE	191,345
Flow Internatio	343468104	9,975	2,850 SH	SOLE	NONE	2,850
Flowserve Corpo	34354P105	11,124	112 SH	SOLE	NONE	112
Fortune Brands	34964C106	3,406	200 SH	SOLE	NONE	200
France Telecom	35177Q105	1,596,850	101,970 SH	SOLE	NONE	101,970
Gardner Denver	365558105	13,486	175 SH	SOLE	NONE	175
General Electri	369604103	1,493,580	83,394 SH	SOLE	NONE	83,394
General Mills	370334104	1,931,275	47,792 SH	SOLE	NONE	47,792
Genuine Parts	372460105	306,000	5,000 SH	SOLE	NONE	5,000
Gilead Sciences	375558103	102,325	2,500 SH	SOLE	NONE	2,500
Glaxosmithkline	832378301	44,124	967 SH	SOLE	NONE	967
Goodrich Corpor	382388106	111,330	900 SH	SOLE	NONE	900
Google Inc Clas	38259P508	3,788,204	5,865 SH	SOLE	NONE	5,865
Gorman Rupp Com	383082104	736,389	27,123 SH	SOLE	NONE	27,123
Green Mountain	393122106	23,546	525 SH	SOLE	NONE	525
Gulfmark Offsho	402629109	42,010	1,000 SH	SOLE	NONE	1,000
Hain Foods	405217100	164,970	4,500 SH	SOLE	NONE	4,500
Hansen Medical	411307101	5,160	2,000 SH	SOLE	NONE	2,000
Heinz (H.J.)	423074103	2,870,659	53,121 SH	SOLE	NONE	53,121
Hess Corporatio	42809H107	12,780	225 SH	SOLE	NONE	225
Hewlett-Packard	428236103	12,880	500 SH	SOLE	NONE	500
Honeywell Inc.	438506107	4,620	85 SH	SOLE	NONE	85
Human Genome Sc	444903108	22,170	3,000 SH	SOLE	NONE	3,000
Hydrogenics Cor	448882100	3,318	632 SH	SOLE	NONE	632
Id Systems Inc	449489103	710	150 SH	SOLE	NONE	150
IDEX Corp.	45167R104	9,278	250 SH	SOLE	NONE	250
Immunogen Inc.	45253H101	11,580	1,000 SH	SOLE	NONE	1,000
Immunovaccine I	45254B103	12,449	38,410 SH	SOLE	NONE	38,410
Intel Corp.	458140100	5,250,659	216,522 SH	SOLE	NONE	216,522
International B	459200101	5,320,016	28,932 SH	SOLE	NONE	28,932
Intuit Inc.	461202103	16,671	317 SH	SOLE	NONE	317
IShares FTSE Xi	464287184	11,612	333 SH	SOLE	NONE	333
Ishares Msci Jp	464286848	18,220	2,000 SH	SOLE	NONE	2,000
Ishares Tr Come	464285105	10,509	690 SH	SOLE	NONE	690
Isis Pharmaceut	464330109	1,442	200 SH	SOLE	NONE	200
Itron Inc New	465741106	2,157,646	60,320 SH	SOLE	NONE	60,320
J.P. Morgan Cha	46625H100	152,185	4,577 SH	SOLE	NONE	4,577
Ja Solar Hldgs	466090107	2,680	2,000 SH	SOLE	NONE	2,000
Jetblue Airways	477143101	169,000	32,500 SH	SOLE	NONE	32,500
Johnson & Johns	478160104	5,180,951	79,002 SH	SOLE	NONE	79,002
Johnson Control	478366107	12,504	400 SH	SOLE	NONE	400
Kadant Inc	48282T104	4,522	200 SH	SOLE	NONE	200

Kellogg Co.	487836108	3,995	79 SH	SOLE	NONE	79
Kimberly-Clark	494368103	677,488	9,210 SH	SOLE	NONE	9,210
Kon Philips Ele	500472303	524	25 SH	SOLE	NONE	25
Kyocera Ltd Adr	501556203	5,412,595	67,827 SH	SOLE	NONE	67,827
Lincoln Elec HI	533900106	13,692	350 SH	SOLE	NONE	350
Lionbridge Tech	536252109	2,290	1,000 SH	SOLE	NONE	1,000
Lowe's Cos.	548661107	51,268	2,020 SH	SOLE	NONE	2,020
M & T Bank Corp	55261F104	5,038	66 SH	SOLE	NONE	66
McDonald's Corp	580135101	184,908	1,843 SH	SOLE	NONE	1,843
Medtronic Inc.	585055106	22,568	590 SH	SOLE	NONE	590
Merck & Co.	589331107	191,931	5,091 SH	SOLE	NONE	5,091
Meridian Biosci	589584101	7,536	400 SH	SOLE	NONE	400
Met-Pro Corp	590876306	13,406	1,483 SH	SOLE	NONE	1,483
Microsoft Corp.	594918104	6,302,127	242,763 SH	SOLE	NONE	242,763
Mid Cap S P D R	595635103	7,975	50 SH	SOLE	NONE	50
Middleby Corp T	596278101	16,457	175 SH	SOLE	NONE	175
MLP & Strategic	612085100	3,416	200 SH	SOLE	NONE	200
Motorola Mobili	620097105	38,800	1,000 SH	SOLE	NONE	1,000
Motorola Soluti	620076307	52,863	1,142 SH	SOLE	NONE	1,142
Myr Group Inc	55405W104	1,373,142	71,742 SH	SOLE	NONE	71,742
NACCO Ind	629579103	28,997	325 SH	SOLE	NONE	325
National Fuel G	636180101	3,724	67 SH	SOLE	NONE	67
National Oilwel	669930109	15,230	224 SH	SOLE	NONE	224
New York Times	650111107	205,579	26,595 SH	SOLE	NONE	26,595
Newcrest Mining	651191108	3,702	122 SH	SOLE	NONE	122
Newfield Explor	651290108	9,659	256 SH	SOLE	NONE	256
Newmont Mining	651639106	48,008	800 SH	SOLE	NONE	800
Newpark Resourc	651718504	19,000	2,000 SH	SOLE	NONE	2,000
Nokia	654902204	1,446	300 SH	SOLE	NONE	300
Northwest Natur	667655104	4,793	100 SH	SOLE	NONE	100
Novartis A G Sp	66987V109	5,186,805	90,726 SH	SOLE	NONE	90,726
Nstar	67019E107	14,792	315 SH	SOLE	NONE	315
Nuveen NY Div A	67070A101	67,022	4,700 SH	SOLE	NONE	4,700
NYSE Euronext C	629491101	4,359	167 SH	SOLE	NONE	167
Oracle Systems	68389X105	1,222,376	47,656 SH	SOLE	NONE	47,656
Owens & Minor I	690730106	93,791	3,375 SH	SOLE	NONE	3,375
Paychex Inc	704326107	1,585,292	52,650 SH	SOLE	NONE	52,650
Penn West Energ	707885109	9,900	500 SH	SOLE	NONE	500
Pepsico Inc.	713448108	455,493	6,865 SH	SOLE	NONE	6,865
Perkinelmer Inc	714046109	65,960	3,298 SH	SOLE	NONE	3,298
Pfizer Inc.	717081103	481,122	22,233 SH	SOLE	NONE	22,233
Philip Morris I	718172109	28,645	365 SH	SOLE	NONE	365
Piedmont Natura	720186105	27,184	800 SH	SOLE	NONE	800
Plum Creek Timb	729237107	11,407	312 SH	SOLE	NONE	312
PNC Financial S	693475105	87,543	1,518 SH	SOLE	NONE	1,518
Popular Inc	733174106	1,738	1,250 SH	SOLE	NONE	1,250
Posco Adr	693483109	5,747	70 SH	SOLE	NONE	70

Powershs DB Mul	73936B507	2,857	100 SH	SOLE	NONE	100
Powershs Global	73936T615	2,798	340 SH	SOLE	NONE	340
PPG Industries	693506107	14,026	168 SH	SOLE	NONE	168
Procera Network	74269U203	6,214,800	398,896 SH	SOLE	NONE	398,896
Procter & Gambl	742718109	14,432,041	216,340 SH	SOLE	NONE	216,340
Progress Energy	743263105	56,020	1,000 SH	SOLE	NONE	1,000
Progressive Cor	743315103	124,084	6,360 SH	SOLE	NONE	6,360
Proshs Ultrasho	74347R297	452	25 SH	SOLE	NONE	25
Provident Energ	74386K104	6,783	700 SH	SOLE	NONE	700
Public Serv. En	744573106	72,622	2,200 SH	SOLE	NONE	2,200
Q-Cells AG	D623R103	161	285 SH	SOLE	NONE	285
Rayonier Inc	754907103	184,099	4,125 SH	SOLE	NONE	4,125
Rio Tinto Plc	767204100	58,704	1,200 SH	SOLE	NONE	1,200
Rite Aid Corp	767754104	5,378	4,268 SH	SOLE	NONE	4,268
Roper Industrie	776696106	17,374	200 SH	SOLE	NONE	200
Rowan Co.	779382100	4,550	150 SH	SOLE	NONE	150
Royal Bk Cda Mo	780087102	15,288	300 SH	SOLE	NONE	300
Royal Dutch She	780259206	336,433	4,603 SH	SOLE	NONE	4,603
Schlumberger Lt	806857108	90,511	1,325 SH	SOLE	NONE	1,325
Siemens A G New	D69671218	8,255	86 SH	SOLE	NONE	86
Smith & Nephew	83175M205	30,575	635 SH	SOLE	NONE	635
Smith & Nephew	G82343164	2,161,015	222,480 SH	SOLE	NONE	222,480
Smuckers, J.M.	832696207	585,493	7,490 SH	SOLE	NONE	7,490
Solarworld	D7045Y103	1,721	425 SH	SOLE	NONE	425
Solucorp Indust	83437C102	811	16,217 SH	SOLE	NONE	16,217
Southwest Gas C	844895102	14,149	333 SH	SOLE	NONE	333
Spectra Energy	847560109	30,750	1,000 SH	SOLE	NONE	1,000
St Jude Medical	790849103	8,575	250 SH	SOLE	NONE	250
Starbucks	855244109	46,010	1,000 SH	SOLE	NONE	1,000
Starwood Htls &	85590A401	22,306	465 SH	SOLE	NONE	465
Statoil Asa Adr	85771P102	13,445	525 SH	SOLE	NONE	525
Stillwater Mini	86074Q102	20,920	2,000 SH	SOLE	NONE	2,000
Stryker Corp	863667101	1,486,478	29,903 SH	SOLE	NONE	29,903
Suffolk Bancorp	864739107	30,816	2,856 SH	SOLE	NONE	2,856
Suncor Energy I	867229106	11,071	384 SH	SOLE	NONE	384
Sunopta Inc	8676EP108	36,150	7,500 SH	SOLE	NONE	7,500
Suntech Power H	86800C104	1,768	800 SH	SOLE	NONE	800
Superior Energy	868157108	21,330	750 SH	SOLE	NONE	750
Syntel Inc	87162H103	11,693	250 SH	SOLE	NONE	250
Sysco Corp	871829107	70,392	2,400 SH	SOLE	NONE	2,400
T J X Cos Inc	872540109	130,391	2,020 SH	SOLE	NONE	2,020
TE Connectivity	H84989104	1,709	55 SH	SOLE	NONE	55
Telefonica SA	879382208	8,261,823	480,618 SH	SOLE	NONE	480,618
Tesla Motors In	88160R101	28,560	1,000 SH	SOLE	NONE	1,000
Teva Pharm Inds	881624209	2,912,014	72,151 SH	SOLE	NONE	72,151
Texas Instrumen	882508104	18,514	636 SH	SOLE	NONE	636
Thermo Fisher S	883556102	31,479	700 SH	SOLE	NONE	700

Thomas & Betts	884315102	10,920	200 SH	SOLE	NONE	200
Time Warner In	887315109	13,553	375 SH	SOLE	NONE	375
Tootsie Roll	890516107	2,580	109 SH	SOLE	NONE	109
Toyota Corp	892331307	1,074,546	16,249 SH	SOLE	NONE	16,249
Tractor Supply	892356106	24,553	350 SH	SOLE	NONE	350
Transmedia Asia	89376P103	1	140 SH	SOLE	NONE	140
Trina Solar Ltd	89628E104	6,680	1,000 SH	SOLE	NONE	1,000
TrustCo Bank Co	898349105	1,986	354 SH	SOLE	NONE	354
Tyco Internatio	G9143X208	2,618	56 SH	SOLE	NONE	56
Ultralife Batte	903899102	2,814	700 SH	SOLE	NONE	700
Unilever Plc Ad	904767704	1,690,414	50,430 SH	SOLE	NONE	50,430
Union Pacific	907818108	408,928	3,860 SH	SOLE	NONE	3,860
United Natural	911163103	40,930	1,023 SH	SOLE	NONE	1,023
United Parcel S	911312106	91,122	1,245 SH	SOLE	NONE	1,245
Unitedhealth Gr	91324P102	21,032	415 SH	SOLE	NONE	415
Varian Medical	92220P105	2,614,378	38,945 SH	SOLE	NONE	38,945
Verizon Communi	92343V104	20,060	500 SH	SOLE	NONE	500
Vodafone Group	92857W209	11,418,525	407,368 SH	SOLE	NONE	407,368
Vulcan Material	929160109	49,188	1,250 SH	SOLE	NONE	1,250
Walgreen Co.	931422109	2,793,173	84,488 SH	SOLE	NONE	84,488
Wal-Mart Stores	931142103	83,664	1,400 SH	SOLE	NONE	1,400
Warren Resource	93564A100	3,260	1,000 SH	SOLE	NONE	1,000
Waters Corp	941848103	16,661	225 SH	SOLE	NONE	225
Weatherford Int	947074100	14,640	1,000 SH	SOLE	NONE	1,000
Wells Fargo	949746101	12,457	452 SH	SOLE	NONE	452
Western Union C	959802109	10,956	600 SH	SOLE	NONE	600
WGL Holdings	92924F106	19,899	450 SH	SOLE	NONE	450
Whole Foods Mar	966837106	17,395	250 SH	SOLE	NONE	250
Williams Compan	969457100	66,040	2,000 SH	SOLE	NONE	2,000
WPX Energy Inc	98212B103	1	666 SH	SOLE	NONE	666
Xerox Corp.	984121103	47,163	5,925 SH	SOLE	NONE	5,925
Zimmer Holdings	98956P102	5,342	100 SH	SOLE	NONE	100