

13F Information Table
9/30/2011

Description	CUSIP	Current Value	Quantity	Type	Invest Discr	Other Mgrs	Voting Auth
3M Company	88579Y101	1,848	25,738	SH	SOLE	NONE	25,738
A E S Corp	00130H105	20	2,000	SH	SOLE	NONE	2,000
A G L Resources	001204106	41	1,000	SH	SOLE	NONE	1,000
A T & T Corp.	00206R102	97	3,400	SH	SOLE	NONE	3,400
Abbott Labs	002824100	3,571	69,825	SH	SOLE	NONE	69,825
Adobe Systems	00724F101	2	83	SH	SOLE	NONE	83
Advance Auto Pa	00751Y106	2,191	37,709	SH	SOLE	NONE	37,709
AFLAC Inc.	001055102	14	400	SH	SOLE	NONE	400
Air Products &	009158106	94	1,225	SH	SOLE	NONE	1,225
Allscripts Heal	01988P108	1,527	84,762	SH	SOLE	NONE	84,762
Amarin Corp Plc	023111206	737	80,105	SH	SOLE	NONE	80,105
Ameren Corp (Hl	023608102	60	2,000	SH	SOLE	NONE	2,000
American Intern	026874107	2	100	SH	SOLE	NONE	100
Ameriprise Fina	031897101	3	67	SH	SOLE	NONE	67
Amgen Inc.	031162100	1,582	28,789	SH	SOLE	NONE	28,789
Annaly Capital	035710409	8	500	SH	SOLE	NONE	500
Apache Corp	037411105	1,312	16,355	SH	SOLE	NONE	16,355
Apple Computer	037833100	532	1,395	SH	SOLE	NONE	1,395
Applied Materia	038222105	750	72,451	SH	SOLE	NONE	72,451
Archer Daniels	039483102	2	100	SH	SOLE	NONE	100
Astropower Inc	04644A101	1	150	SH	SOLE	NONE	150
Automatic Data	053015103	312	6,608	SH	SOLE	NONE	6,608
Avista Corporat	05379B107	3,275	137,322	SH	SOLE	NONE	137,322
B M C Software	055921100	1,504	39,010	SH	SOLE	NONE	39,010
Badger Meter	056525108	1	20	SH	SOLE	NONE	20
Baidu Inc Adr	056752108	2	20	SH	SOLE	NONE	20
Bank of America	060505104	7	1,164	SH	SOLE	NONE	1,164
Bank of NY Co I	064057102	42	2,249	SH	SOLE	NONE	2,249
Basf SE Adr	055262505	6	100	SH	SOLE	NONE	100
Becton Dickinso	075887109	1,300	17,730	SH	SOLE	NONE	17,730
Berkshire Hatha	084990175	107	1	SH	SOLE	NONE	1
Berkshire Hatha	084670207	720	10,130	SH	SOLE	NONE	10,130
Best Buy Co	086516101	1	1	SH	SOLE	NONE	1
BHP Billiton Lt	088606108	2	33	SH	SOLE	NONE	33
Boston Scientif	101137107	30	5,000	SH	SOLE	NONE	5,000
BP Amoco Plc Ad	055622104	199	5,530	SH	SOLE	NONE	5,530
Brady Corp Cl A	104674106	53	2,000	SH	SOLE	NONE	2,000
Bristol-Myers S	110122108	180	5,750	SH	SOLE	NONE	5,750
C B Richard Ell	12497T101	13	950	SH	SOLE	NONE	950
Cablevision Sys	12686C109	5	298	SH	SOLE	NONE	298
Canadian Nation	136375102	100	1,500	SH	SOLE	NONE	1,500
Canadian Natura	136385101	18	612	SH	SOLE	NONE	612

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Canon Inc Adr J	138006309	25	563	SH	SOLE	NONE	563
Carefusion Corp	14170T101	28	1,167	SH	SOLE	NONE	1,167
Celgene Corp	151020104	2	33	SH	SOLE	NONE	33
Cemex Sa Adr Ne	151290889	1	22	SH	SOLE	NONE	22
Cenovus Energy	15135U109	945	30,765	SH	SOLE	NONE	30,765
Cerner Corp.	156782104	6,983	101,908	SH	SOLE	NONE	101,908
Chevrontexaco C	166764100	933	10,078	SH	SOLE	NONE	10,078
Church & Dwight	171340102	27	600	SH	SOLE	NONE	600
Cigna Corp.	125509109	42	1,000	SH	SOLE	NONE	1,000
Circor Internat	17273K109	8	267	SH	SOLE	NONE	267
Cisco Systems I	17275R102	5,333	344,044	SH	SOLE	NONE	344,044
Citigroup	172967424	73	2,865	SH	SOLE	NONE	2,865
Cliffs Natural	18683K101	51	1,000	SH	SOLE	NONE	1,000
Clorox Co.	189054109	33	500	SH	SOLE	NONE	500
Coca Cola Compa	191216100	473	6,997	SH	SOLE	NONE	6,997
Colgate Palmoli	194162103	49	550	SH	SOLE	NONE	550
Comcast CP New	20030N200	41	1,972	SH	SOLE	NONE	1,972
Con Edison Co o	209111103	1,790	31,400	SH	SOLE	NONE	31,400
Conocophillips	20825C104	5,204	82,181	SH	SOLE	NONE	82,181
Cons Freight "B	209232107	1	750	SH	SOLE	NONE	750
Corning Inc.	219350105	24	1,920	SH	SOLE	NONE	1,920
Costco Wholesal	22160K105	18	225	SH	SOLE	NONE	225
Covidien Ltd	G2552X108	2	55	SH	SOLE	NONE	55
CPFL Energia SA	126153105	3	150	SH	SOLE	NONE	150
Cree Inc	225447101	13	500	SH	SOLE	NONE	500
Crystal Rock Ho	22940F103	1	600	SH	SOLE	NONE	600
CSX Corp	126408103	14	747	SH	SOLE	NONE	747
Cummins Inc	231021106	53	650	SH	SOLE	NONE	650
CVS Caremark Co	126650100	1,707	50,827	SH	SOLE	NONE	50,827
Daimler A G	D1668R123	17	386	SH	SOLE	NONE	386
Dendreon Corp	24823Q107	15	1,700	SH	SOLE	NONE	1,700
Devon Energy Co	25179M103	67	1,211	SH	SOLE	NONE	1,211
Directv Cl A	25490A101	14	340	SH	SOLE	NONE	340
Disney (Walt)	254687106	47	1,567	SH	SOLE	NONE	1,567
Du Pont De Nemo	263534109	130	3,257	SH	SOLE	NONE	3,257
Duke Energy Cor	264399106	40	2,000	SH	SOLE	NONE	2,000
E M C Corp	268648102	1,613	76,860	SH	SOLE	NONE	76,860
Earthshell Corp	27032B209	1	141	SH	SOLE	NONE	141
Eastman Kodak	277461109	1	300	SH	SOLE	NONE	300
Eli Lilly	532457108	296	8,020	SH	SOLE	NONE	8,020
Encana Corp	292505104	1,008	52,490	SH	SOLE	NONE	52,490
Endo Pharm Hold	29264F205	11	400	SH	SOLE	NONE	400

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Energy Transfer	29273R109	2	58	SH	SOLE	NONE	58
Enerplus Corp	292766102	7	300	SH	SOLE	NONE	300
Ennis Business	293389102	31	2,400	SH	SOLE	NONE	2,400
EnSCO Int'l Inc	26874Q100	185	4,577	SH	SOLE	NONE	4,577
EOG Resources I	26875P101	29	402	SH	SOLE	NONE	402
Evergreen Solar	30033R108	1	234	SH	SOLE	NONE	234
Exxon Mobil Cor	30231G102	4,141	57,009	SH	SOLE	NONE	57,009
Factset Researc	303075105	9	100	SH	SOLE	NONE	100
FDX Corp	31428X106	46	677	SH	SOLE	NONE	677
Federal Mogul C	313549404	2	167	SH	SOLE	NONE	167
First Solar Inc	336433107	4	60	SH	SOLE	NONE	60
Fiserv Inc.	337738108	1	15	SH	SOLE	NONE	15
Flextronics Int	Y2573F102	1,077	191,345	SH	SOLE	NONE	191,345
Flow Internatio	343468104	6	2,850	SH	SOLE	NONE	2,850
Flowserve Corpo	34354P105	8	112	SH	SOLE	NONE	112
Fortune Brands	349631101	11	200	SH	SOLE	NONE	200
France Telecom	35177Q105	1,672	102,120	SH	SOLE	NONE	102,120
Gardner Denver	365558105	11	175	SH	SOLE	NONE	175
General Electri	369604103	1,270	83,434	SH	SOLE	NONE	83,434
General Mills	370334104	1,865	48,452	SH	SOLE	NONE	48,452
Genuine Parts	372460105	508	10,000	SH	SOLE	NONE	10,000
Gilead Sciences	375558103	97	2,500	SH	SOLE	NONE	2,500
Glaxosmithkline	832378301	33	800	SH	SOLE	NONE	800
Goodrich Corpor	382388106	109	900	SH	SOLE	NONE	900
Google Inc Clas	38259P508	3,010	5,845	SH	SOLE	NONE	5,845
Gorman Rupp Com	383082104	670	27,123	SH	SOLE	NONE	27,123
Green Mountain	393122106	56	600	SH	SOLE	NONE	600
Gulfmark Offsho	402629109	36	1,000	SH	SOLE	NONE	1,000
Hain Foods	405217100	137	4,500	SH	SOLE	NONE	4,500
Hansen Medical	411307101	7	2,000	SH	SOLE	NONE	2,000
Heinz (H.J.)	423074103	2,682	53,121	SH	SOLE	NONE	53,121
Hess Corporatio	42809H107	12	225	SH	SOLE	NONE	225
Hewlett-Packard	428236103	11	500	SH	SOLE	NONE	500
Hologic Inc	436440101	10	650	SH	SOLE	NONE	650
Honeywell Inc.	438506107	4	85	SH	SOLE	NONE	85
Human Genome Sc	444903108	22	1,700	SH	SOLE	NONE	1,700
Hydrogenics Cor	448882100	4	703	SH	SOLE	NONE	703
Id Systems Inc	449489103	1	150	SH	SOLE	NONE	150
Idacorp Inc	451107106	825	21,838	SH	SOLE	NONE	21,838
IDEX Corp.	45167R104	8	250	SH	SOLE	NONE	250
Immunogen Inc.	45253H101	11	1,000	SH	SOLE	NONE	1,000
Immunovaccine I	45254B103	13	42,260	SH	SOLE	NONE	42,260

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Intel Corp.	458140100	4,627	216,872	SH	SOLE	NONE	216,872
Intercontinenta	G4804L122	7	434	SH	SOLE	NONE	434
Intermune Inc	45884X103	16	770	SH	SOLE	NONE	770
International B	459200101	5,036	28,800	SH	SOLE	NONE	28,800
Intuit Inc.	461202103	15	317	SH	SOLE	NONE	317
IShares FTSE Xi	464287184	10	333	SH	SOLE	NONE	333
Ishares Msci Br	464286400	10	200	SH	SOLE	NONE	200
Ishares Msci Jp	464286848	19	2,000	SH	SOLE	NONE	2,000
Ishares Tr Come	464285105	11	690	SH	SOLE	NONE	690
Isis Pharmaceut	464330109	1	200	SH	SOLE	NONE	200
Itron Inc New	465741106	1,793	60,790	SH	SOLE	NONE	60,790
J.P. Morgan Cha	46625H100	120	3,977	SH	SOLE	NONE	3,977
Jetblue Airways	477143101	133	32,500	SH	SOLE	NONE	32,500
Johnson & Johns	478160104	5,033	79,028	SH	SOLE	NONE	79,028
Johnson Control	478366107	11	400	SH	SOLE	NONE	400
Kadant Inc	48282T104	4	200	SH	SOLE	NONE	200
Kellogg Co.	487836108	4	79	SH	SOLE	NONE	79
Kimberly-Clark	494368103	737	10,382	SH	SOLE	NONE	10,382
Kinder Morgan E	494550106	3	41	SH	SOLE	NONE	41
Kon Philips Ele	500472303	27	1,492	SH	SOLE	NONE	1,492
Kyocera Ltd Adr	501556203	5,680	68,192	SH	SOLE	NONE	68,192
Leapfrog Enterp	52186N106	1	200	SH	SOLE	NONE	200
Lexicon Pharmac	528872104	2	2,200	SH	SOLE	NONE	2,200
Lincoln Elec HI	533900106	10	350	SH	SOLE	NONE	350
Lionbridge Tech	536252109	2	1,000	SH	SOLE	NONE	1,000
Lowe's Cos.	548661107	41	2,145	SH	SOLE	NONE	2,145
M & T Bank Corp	55261F104	5	66	SH	SOLE	NONE	66
Madison Square	55826P100	2	74	SH	SOLE	NONE	74
McDonald's Corp	580135101	162	1,843	SH	SOLE	NONE	1,843
Medtronic Inc.	585055106	3,839	115,505	SH	SOLE	NONE	115,505
Merck & Co.	589331107	161	4,925	SH	SOLE	NONE	4,925
Meridian Biosci	589584101	6	400	SH	SOLE	NONE	400
Met-Pro Corp	590876306	13	1,483	SH	SOLE	NONE	1,483
Microsoft Corp.	594918104	6,074	244,038	SH	SOLE	NONE	244,038
Mid Cap S P D R	595635103	7	50	SH	SOLE	NONE	50
Middleby Corp T	596278101	12	175	SH	SOLE	NONE	175
MLP & Strategic	612085100	3	200	SH	SOLE	NONE	200
Motorola Mobili	620097105	38	1,000	SH	SOLE	NONE	1,000
Motorola Soluti	620076307	48	1,142	SH	SOLE	NONE	1,142
Myr Group Inc	55405W104	1,266	71,742	SH	SOLE	NONE	71,742
N V Energy Inc	67073Y106	12	825	SH	SOLE	NONE	825
NACCO Ind	629579103	21	325	SH	SOLE	NONE	325

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Nalco Chemical	629853102	1	30	SH	SOLE	NONE	30
National Fuel G	636180101	3	67	SH	SOLE	NONE	67
National Oilwel	669930109	11	224	SH	SOLE	NONE	224
New York Times	650111107	155	26,595	SH	SOLE	NONE	26,595
Newcrest Mining	651191108	4	122	SH	SOLE	NONE	122
Newfield Explor	651290108	10	256	SH	SOLE	NONE	256
Newmont Mining	651639106	113	1,800	SH	SOLE	NONE	1,800
Newpark Resourc	651718504	12	2,000	SH	SOLE	NONE	2,000
NICOR Inc.	654086107	4	75	SH	SOLE	NONE	75
Nokia	654902204	2	300	SH	SOLE	NONE	300
Northwest Natur	667655104	4	100	SH	SOLE	NONE	100
Novartis A G Sp	66987V109	5,097	91,391	SH	SOLE	NONE	91,391
Nstar	67019E107	14	315	SH	SOLE	NONE	315
Nuveen NY Div A	67070A101	64	4,700	SH	SOLE	NONE	4,700
Oracle Systems	68389X105	1,376	47,876	SH	SOLE	NONE	47,876
Owens & Minor I	690730106	96	3,375	SH	SOLE	NONE	3,375
Paychex Inc	704326107	1,388	52,650	SH	SOLE	NONE	52,650
Penn West Energ	707885109	7	500	SH	SOLE	NONE	500
Pepsico Inc.	713448108	425	6,865	SH	SOLE	NONE	6,865
Perkinelmer Inc	714046109	63	3,298	SH	SOLE	NONE	3,298
Pfizer Inc.	717081103	508	28,708	SH	SOLE	NONE	28,708
Philip Morris I	718172109	23	365	SH	SOLE	NONE	365
Piedmont Natura	720186105	23	800	SH	SOLE	NONE	800
Plum Creek Timb	729237107	11	312	SH	SOLE	NONE	312
PNC Financial S	693475105	73	1,518	SH	SOLE	NONE	1,518
Popular Inc	733174106	2	1,250	SH	SOLE	NONE	1,250
Posco Adr	693483109	5	70	SH	SOLE	NONE	70
Powershs DB Mul	73936B507	2	100	SH	SOLE	NONE	100
Powershs Global	73936T615	3	340	SH	SOLE	NONE	340
PPG Industries	693506107	12	168	SH	SOLE	NONE	168
Procera Network	74269U203	3,387	352,844	SH	SOLE	NONE	352,844
Procter & Gambl	742718109	13,685	216,610	SH	SOLE	NONE	216,610
Progress Energy	743263105	52	1,000	SH	SOLE	NONE	1,000
Progressive Cor	743315103	113	6,360	SH	SOLE	NONE	6,360
Proshs Ultrasho	74347R297	1	25	SH	SOLE	NONE	25
Provident Energ	74386K104	6	700	SH	SOLE	NONE	700
Public Serv. En	744573106	73	2,200	SH	SOLE	NONE	2,200
Q-Cells AG	D623R103	1	285	SH	SOLE	NONE	285
Quest Diagnosti	74834L100	1,940	39,300	SH	SOLE	NONE	39,300
Rayonier Inc	754907103	152	4,125	SH	SOLE	NONE	4,125
Rio Tinto Plc	767204100	53	1,200	SH	SOLE	NONE	1,200
Rite Aid Corp	767754104	5	5,392	SH	SOLE	NONE	5,392

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Rofin-Sinar Tec	775043102	761	39,645	SH	SOLE	NONE	39,645
Rolls-Royce Hld	G76225104	3	333	SH	SOLE	NONE	333
Roper Industrie	776696106	14	200	SH	SOLE	NONE	200
Rowan Co.	779382100	5	150	SH	SOLE	NONE	150
Royal Bk Cda Mo	780087102	14	300	SH	SOLE	NONE	300
Royal Dutch She	780259206	283	4,603	SH	SOLE	NONE	4,603
Schiff Nutritio	806693107	7	667	SH	SOLE	NONE	667
Schlumberger Lt	806857108	79	1,325	SH	SOLE	NONE	1,325
Siemens A G New	D69671218	8	86	SH	SOLE	NONE	86
Siemens AG Amer	826197501	27	300	SH	SOLE	NONE	300
Smith & Nephew	83175M205	28	635	SH	SOLE	NONE	635
Smith & Nephew	G82343164	2,015	222,480	SH	SOLE	NONE	222,480
Smuckers, J.M.	832696207	550	7,543	SH	SOLE	NONE	7,543
Solarworld	D7045Y103	2	425	SH	SOLE	NONE	425
Solucorp Indust	83437C102	1	16,217	SH	SOLE	NONE	16,217
Sonoco Products	835495102	16	550	SH	SOLE	NONE	550
Southwest Gas C	844895102	12	333	SH	SOLE	NONE	333
Spectra Energy	847560109	25	1,000	SH	SOLE	NONE	1,000
St Jude Medical	790849103	9	250	SH	SOLE	NONE	250
Starbucks	855244109	37	1,000	SH	SOLE	NONE	1,000
Starwood Htls &	85590A401	18	465	SH	SOLE	NONE	465
Statoil Asa Adr	85771P102	11	525	SH	SOLE	NONE	525
Stryker Corp	863667101	1,409	29,903	SH	SOLE	NONE	29,903
Suffolk Bancorp	864739107	24	2,856	SH	SOLE	NONE	2,856
Suncor Energy I	867229106	10	384	SH	SOLE	NONE	384
Sunopta Inc	8676EP108	37	7,500	SH	SOLE	NONE	7,500
Suntech Power H	86800C104	2	800	SH	SOLE	NONE	800
Superior Energy	868157108	20	750	SH	SOLE	NONE	750
Synovus Financi	87161C105	3	3,000	SH	SOLE	NONE	3,000
Syntel Inc	87162H103	11	250	SH	SOLE	NONE	250
Sysco Corp	871829107	62	2,400	SH	SOLE	NONE	2,400
T J X Cos Inc	872540109	112	2,020	SH	SOLE	NONE	2,020
Taiwan Smcndctr	874039100	6	494	SH	SOLE	NONE	494
TE Connectivity	H84989104	2	55	SH	SOLE	NONE	55
Telefonica SA	879382208	9,284	485,568	SH	SOLE	NONE	485,568
Teva Pharm Inds	881624209	2,685	72,151	SH	SOLE	NONE	72,151
Texas Instrumen	882508104	17	636	SH	SOLE	NONE	636
Thermo Fisher S	883556102	35	700	SH	SOLE	NONE	700
Thomas & Betts	884315102	12	300	SH	SOLE	NONE	300
Time Warner In	887315109	16	542	SH	SOLE	NONE	542
Tootsie Roll	890516107	3	109	SH	SOLE	NONE	109
Toronto Dominio	891160509	27	382	SH	SOLE	NONE	382

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Tractor Supply	892356106	22	350	SH	SOLE	NONE	350
Transmedia Asia	89376P103	1	140	SH	SOLE	NONE	140
TrustCo Bank Co	898349105	2	354	SH	SOLE	NONE	354
Tyco Internatio	G9143X208	2	56	SH	SOLE	NONE	56
Ultralife Batte	903899102	3	700	SH	SOLE	NONE	700
Unilever Plc Ad	904767704	1,597	51,200	SH	SOLE	NONE	51,200
Union Pacific	907818108	315	3,860	SH	SOLE	NONE	3,860
United Natural	911163103	38	1,023	SH	SOLE	NONE	1,023
United Parcel S	911312106	79	1,245	SH	SOLE	NONE	1,245
United Technolo	913017109	21	300	SH	SOLE	NONE	300
Unitedhealth Gr	91324P102	19	415	SH	SOLE	NONE	415
Varian Medical	92220P105	2,232	42,800	SH	SOLE	NONE	42,800
Verizon Communi	92343V104	18	500	SH	SOLE	NONE	500
Vodafone Group	92857W209	10,521	410,018	SH	SOLE	NONE	410,018
Vulcan Material	929160109	34	1,250	SH	SOLE	NONE	1,250
Walgreen Co.	931422109	1,836	55,818	SH	SOLE	NONE	55,818
Wal-Mart Stores	931142103	73	1,400	SH	SOLE	NONE	1,400
Warren Resource	93564A100	2	1,000	SH	SOLE	NONE	1,000
Waters Corp	941848103	17	225	SH	SOLE	NONE	225
Watts Inds Inc	942749102	6	233	SH	SOLE	NONE	233
Weatherford Int	947074100	12	1,000	SH	SOLE	NONE	1,000
Wells Fargo	949746101	11	452	SH	SOLE	NONE	452
Western Union C	959802109	9	600	SH	SOLE	NONE	600
WGL Holdings	92924F106	18	450	SH	SOLE	NONE	450
Whole Foods Mar	966837106	36	550	SH	SOLE	NONE	550
Williams Compan	969457100	49	2,000	SH	SOLE	NONE	2,000
Xerox Corp.	984121103	41	5,925	SH	SOLE	NONE	5,925
Zimmer Holdings	98956P102	5	100	SH	SOLE	NONE	100
Zurich Llc Ern	98878WAA0	1	108	SH	SOLE	NONE	108