

FORM 13F
Information Table

6/30/2008

Description	CUSIP	Current Value	Quantity	Type	Invest Discret	Other Mgrs	Voting Auth
3M Company	88579Y101	6,920	99,440	SH	SOLE	NONE	99,440
A T & T Corp.	00206R102	6,149	182,520	SH	SOLE	NONE	182,520
Abbott Labs	002824100	270	5,100	SH	SOLE	NONE	5,100
ADC Telecom	000886101	17	1,169	SH	SOLE	NONE	1,169
Adobe Systems	00724F101	379	9,620	SH	SOLE	NONE	9,620
AFLAC Inc.	001055102	23	360	SH	SOLE	NONE	360
Air Products & Chemi	009158106	26	266	SH	SOLE	NONE	266
Alberto-Culver Co Cl	013068101	6	225	SH	SOLE	NONE	225
Allstate Corp Com	020002101	242	5,303	SH	SOLE	NONE	5,303
Ameren Corp	023608102	84	2,000	SH	SOLE	NONE	2,000
American Express	025816109	65	1,725	SH	SOLE	NONE	1,725
American Intern'l Gr	026874107	686	25,925	SH	SOLE	NONE	25,925
American Tower CP Cl	029912201	1	6	SH	SOLE	NONE	6
Anheuser Busch Cos.	035229103	210	3,380	SH	SOLE	NONE	3,380
Apache Corp	037411105	6	40	SH	SOLE	NONE	40
Apple Computer	037833100	59	352	SH	SOLE	NONE	352
Applied Materials In	038222105	163	8,564	SH	SOLE	NONE	8,564
Astrazeneca PLC Spon	046353108	872	20,500	SH	SOLE	NONE	20,500
Automatic Data Proce	053015103	230	5,483	SH	SOLE	NONE	5,483
B M C Software Inc	055921100	1,375	38,200	SH	SOLE	NONE	38,200
Baker Hughes Ind	057224107	44	500	SH	SOLE	NONE	500
Bank of America Corp	060505104	3,552	148,800	SH	SOLE	NONE	148,800
Bank of NY Co Inc	064057102	53	1,413	SH	SOLE	NONE	1,413
Berkshire Hathaway C	084670108	135	1	SH	SOLE	NONE	1
Berkshire Hathaway C	084670207	289	72	SH	SOLE	NONE	72
Biogen IDEC Inc	09062X103	1,627	29,115	SH	SOLE	NONE	29,115
Boeing Company	097023105	7	100	SH	SOLE	NONE	100
BP Amoco Plc Adr	110889409	8,090	116,292	SH	SOLE	NONE	116,292
Brady Corp Cl A	104674106	69	2,000	SH	SOLE	NONE	2,000
Bristol-Myers Squibb	110122108	101	4,900	SH	SOLE	NONE	4,900
Bruker Corporation	116794108	5	418	SH	SOLE	NONE	418
C V S Corp Del	126650100	40	1,000	SH	SOLE	NONE	1,000
Cabot Oil & Gas Corp	127097103	115	1,700	SH	SOLE	NONE	1,700
California Water Ser	130788102	2	75	SH	SOLE	NONE	75
Caterpillar Inc.	149123101	4	60	SH	SOLE	NONE	60
Cemex Sa Adr New	151290889	609	24,650	SH	SOLE	NONE	24,650
Centex Corp.	152312104	2	150	SH	SOLE	NONE	150
Cerner Corp.	156782104	634	14,025	SH	SOLE	NONE	14,025
Check Pt Software Te	M22465104	5,788	244,515	SH	SOLE	NONE	244,515
Chevrontexaco Corp	166764100	358	3,610	SH	SOLE	NONE	3,610
Chicos Fas Inc	168615102	1	250	SH	SOLE	NONE	250
Chubb Corp	171232101	1	28	SH	SOLE	NONE	28
Cigna Corp.	125509109	68	1,908	SH	SOLE	NONE	1,908
Cisco Systems Inc.	17275R102	998	42,904	SH	SOLE	NONE	42,904
Citigroup	172967101	518	30,925	SH	SOLE	NONE	30,925

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Clorox Co.	189054109	6,341	121,473	SH	SOLE	NONE	121,473
Coca Cola Company	191216100	207	3,990	SH	SOLE	NONE	3,990
Colgate Palmolive	194162103	60	875	SH	SOLE	NONE	875
Compagnie Generale d	204386106	24	500	SH	SOLE	NONE	500
Con Edison Co of NY	209111103	1,759	45,006	SH	SOLE	NONE	45,006
Conocophillips	20825C104	7,859	83,261	SH	SOLE	NONE	83,261
Cooper Industries Lt	G24182100	14	360	SH	SOLE	NONE	360
Costco Wholesale	22160K105	21	300	SH	SOLE	NONE	300
Countrywide Financia	222372104	4	1,000	SH	SOLE	NONE	1,000
Daimlerchrysler A G	D1668R123	24	386	SH	SOLE	NONE	386
Deere & Co.	244199105	36	500	SH	SOLE	NONE	500
Devon Energy Corp Ne	25179M103	99	828	SH	SOLE	NONE	828
Dionex Corp.	254546104	66	1,000	SH	SOLE	NONE	1,000
Donnelley R R & Sons	257867101	119	4,000	SH	SOLE	NONE	4,000
Dover Corp	260003108	73	1,500	SH	SOLE	NONE	1,500
Du Pont De Nemours	263534109	676	15,762	SH	SOLE	NONE	15,762
Duke Realty Corp	264411505	2	95	SH	SOLE	NONE	95
E M C Corp	268648102	4	275	SH	SOLE	NONE	275
Eastman Kodak	277461109	4	300	SH	SOLE	NONE	300
Eaton Vance Muni Tr	27826U108	20	1,500	SH	SOLE	NONE	1,500
Eclipsys Corp	278856109	382	20,830	SH	SOLE	NONE	20,830
Eli Lilly	532457108	101	2,185	SH	SOLE	NONE	2,185
Emerson Electric	291011104	949	19,190	SH	SOLE	NONE	19,190
Enron Oil and Gas	26875P101	26	200	SH	SOLE	NONE	200
Ensco Int'l Inc	26874Q100	331	4,100	SH	SOLE	NONE	4,100
Enterprise Prods Par	293792107	30	1,000	SH	SOLE	NONE	1,000
Ersol Solar	D2458C102	5	30	SH	SOLE	NONE	30
Exxon Mobil Corporat	30231G102	1,979	22,460	SH	SOLE	NONE	22,460
Fairpoint Communicat	305560104	6	769	SH	SOLE	NONE	769
FDX Corp	31428X106	32	400	SH	SOLE	NONE	400
Fidelity Natl Finl I	316326107	2	143	SH	SOLE	NONE	143
Fidelity Natl Inform	31620M10	21	573	SH	SOLE	NONE	573
Fifth Third Bancorp	689389104	6	600	SH	SOLE	NONE	600
First American Corp	318522307	7	270	SH	SOLE	NONE	270
First Israel Fund I	32063L100	7	400	SH	SOLE	NONE	400
Fleet Cap Tr Viii 7.	33889X203	22	1,000	SH	SOLE	NONE	1,000
Flextronics Intl Ltd	Y2573F102	534	56,845	SH	SOLE	NONE	56,845
Freeport McMoran CP	35671D857	23	200	SH	SOLE	NONE	200
Frontline Ltd Com	G3682E127	20	290	SH	SOLE	NONE	290
Gamesa Cp Tech New O	E54667113	1,921	39,060	SH	SOLE	NONE	39,060
Gannett Co.	364730101	3,189	147,145	SH	SOLE	NONE	147,145
Gen Elec Cap	369622527	51	2,000	SH	SOLE	NONE	2,000
General Electric	369604103	1,582	59,291	SH	SOLE	NONE	59,291
Genuine Parts	372460105	397	10,000	SH	SOLE	NONE	10,000
Glaxosmithkline Plc	832378301	35	800	SH	SOLE	NONE	800

FORM 13F
Information Table

6/30/2008

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Google Inc Class A	38259P508	26	50	SH	SOLE	NONE	50
Gulfmark Offshore In	402629109	58	1,000	SH	SOLE	NONE	1,000
Hancock John Pat Pre	41013T105	19	2,100	SH	SOLE	NONE	2,100
Hancock John Pfd Inc	41013X106	15	806	SH	SOLE	NONE	806
Hansen Medical Inc	411307101	33	2,000	SH	SOLE	NONE	2,000
Harris Corp Del	413875105	50	1,000	SH	SOLE	NONE	1,000
Hawaiian Elec Indust	419870100	17	700	SH	SOLE	NONE	700
Heinz (H.J.)	423074103	13	270	SH	SOLE	NONE	270
Home Depot	437076102	2	100	SH	SOLE	NONE	100
Honda Motor Co Ltd A	438128308	1,601	47,045	SH	SOLE	NONE	47,045
Hospira	441060100	75	1,875	SH	SOLE	NONE	1,875
HSBC Holdings PLC Ne	404280406	130	1,700	SH	SOLE	NONE	1,700
Hubbell Inc. Cl. B	443510201	621	15,580	SH	SOLE	NONE	15,580
Hydrogenics Corp	448882100	52	28,815	SH	SOLE	NONE	28,815
Id Systems Inc	449489103	1	150	SH	SOLE	NONE	150
Idacorp Inc	451107106	1,292	44,725	SH	SOLE	NONE	44,725
Illinois Tool Works	452308109	53	1,120	SH	SOLE	NONE	1,120
Immersion Corp	452521107	3	500	SH	SOLE	NONE	500
Immunogen Inc.	45253H101	3	1,000	SH	SOLE	NONE	1,000
Ims Health Inc	449934108	63	2,720	SH	SOLE	NONE	2,720
Indiana Energy	454707100	4	40	SH	SOLE	NONE	40
Ingersoll-Rand	G4776G101	2	60	SH	SOLE	NONE	60
Intel Corp.	458140100	9	400	SH	SOLE	NONE	400
Inter'l Flavors & Fr	459506101	23	600	SH	SOLE	NONE	600
International Busine	459200101	6,393	53,938	SH	SOLE	NONE	53,938
Intuit Inc.	461202103	540	19,600	SH	SOLE	NONE	19,600
Isis Pharmaceuticals	464330109	3	200	SH	SOLE	NONE	200
ITT Hartford Group I	45068H106	39	604	SH	SOLE	NONE	604
Ivanhoe Energy Inc	465790103	9	2,500	SH	SOLE	NONE	2,500
J.P. Morgan Chase &	46625H100	4	114	SH	SOLE	NONE	114
Jetblue Airways Corp	477143101	121	32,500	SH	SOLE	NONE	32,500
Johnson & Johnson	478160104	7,142	111,002	SH	SOLE	NONE	111,002
Kimberly-Clark	494368103	4,517	75,565	SH	SOLE	NONE	75,565
L-3 Communications H	502424104	45	500	SH	SOLE	NONE	500
Lionbridge Tech Inc	536252109	3	1,000	SH	SOLE	NONE	1,000
Lowe's Cos.	548661107	36	1,720	SH	SOLE	NONE	1,720
McDonald's Corp.	580135101	11	200	SH	SOLE	NONE	200
McGraw-Hill	580645109	120	3,000	SH	SOLE	NONE	3,000
Medtronic Inc.	585055106	2,074	40,080	SH	SOLE	NONE	40,080
Merchant's Bancshare	588448100	121	5,402	SH	SOLE	NONE	5,402
Merck & Co.	589331107	33	875	SH	SOLE	NONE	875
Meridian Resource Co	58977Q109	6	2,000	SH	SOLE	NONE	2,000
Metlife Inc	59156R108	53	1,000	SH	SOLE	NONE	1,000
Microsoft Corp.	594918104	2,123	77,168	SH	SOLE	NONE	77,168
NACCO Ind	629579103	30	400	SH	SOLE	NONE	400

FORM 13F
Information Table

6/30/2008

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Nalco Chemical	629853102	1	30	SH	SOLE	NONE	30
Natural Gas Service	63886Q109	30	1,000	SH	SOLE	NONE	1,000
NCR Corp	62886E108	1,069	42,404	SH	SOLE	NONE	42,404
New York Times Cl A	650111107	480	31,187	SH	SOLE	NONE	31,187
Newmont Mining Corp.	651639106	37	700	SH	SOLE	NONE	700
Newpark Resources In	651718504	16	2,000	SH	SOLE	NONE	2,000
NICOR Inc.	654086107	3	75	SH	SOLE	NONE	75
Nokia	654902204	970	39,609	SH	SOLE	NONE	39,609
Nortel Networks	656568102	1	70	SH	SOLE	NONE	70
Northwest Natural Ga	667655104	5	100	SH	SOLE	NONE	100
Novacare Inc.	669930109	20	224	SH	SOLE	NONE	224
Novartis A G Spon Ad	66987V109	2,314	42,040	SH	SOLE	NONE	42,040
Novo Nordisk A/S ADR	670100205	864	13,090	SH	SOLE	NONE	13,090
Nuveen Insd Div Adva	67071L106	19	1,500	SH	SOLE	NONE	1,500
Nuveen Muni Advtg Fu	67062H106	17	1,300	SH	SOLE	NONE	1,300
Nuveen NY Div Adv Mu	67070A101	60	4,700	SH	SOLE	NONE	4,700
Nuveen Performance P	67062P108	20	1,500	SH	SOLE	NONE	1,500
Nvidia Corp	67066G104	837	44,735	SH	SOLE	NONE	44,735
Oneok Inc.	682678107	49	1,000	SH	SOLE	NONE	1,000
Opentv Corp Class A	G67543101	1	72	SH	SOLE	NONE	72
Oracle Systems Corp.	68389X105	636	30,265	SH	SOLE	NONE	30,265
Orthovita Inc	68750U102	1	300	SH	SOLE	NONE	300
Oshkosh Truck Corp C	688239201	2	100	SH	SOLE	NONE	100
Owens & Minor Inc.	690730106	103	2,250	SH	SOLE	NONE	2,250
Paychex Inc	704326107	16	500	SH	SOLE	NONE	500
Pepco Holdings Inc	737679100	8	305	SH	SOLE	NONE	305
Pepsico Inc.	713448108	191	3,007	SH	SOLE	NONE	3,007
Perkinelmer Inc	714046109	92	3,298	SH	SOLE	NONE	3,298
Petro Canada Var Vtg	71644E102	17	300	SH	SOLE	NONE	300
Petroleo Brasileiro	71654V408	14	200	SH	SOLE	NONE	200
Pfizer Inc.	717081103	10	585	SH	SOLE	NONE	585
Piedmont Natural Gas	720186105	21	800	SH	SOLE	NONE	800
Pimco Muni Income Fd	72200W106	7	500	SH	SOLE	NONE	500
Pioneer Natural Reso	723787107	7	86	SH	SOLE	NONE	86
Pitney Bowes	724479100	12	350	SH	SOLE	NONE	350
Plains Expl & Prdtn	726505100	4	55	SH	SOLE	NONE	55
Plug Power Inc	72919P103	1	66	SH	SOLE	NONE	66
Plum Creek Timber L.	729237107	13	312	SH	SOLE	NONE	312
PNC Financial Servic	693475105	17	300	SH	SOLE	NONE	300
Polycom Inc	73172K104	3	137	SH	SOLE	NONE	137
Popular Inc	733174106	8	1,250	SH	SOLE	NONE	1,250
PPG Industries	693506107	17	300	SH	SOLE	NONE	300
Pride Intl Inc Del	74153Q102	47	1,000	SH	SOLE	NONE	1,000
Procera Networks Inc	74269U104	4	2,900	SH	SOLE	NONE	2,900
Procter & Gamble	742718109	4,335	71,290	SH	SOLE	NONE	71,290

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6/30/2008

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Progress Energy CVO	CPLVZ	1	3,000	SH	SOLE	NONE	3,000
Progress Energy Inc	743263105	42	1,000	SH	SOLE	NONE	1,000
Proshares UltraShort	74347R883	33	500	SH	SOLE	NONE	500
Prudential Financial	744320102	6	100	SH	SOLE	NONE	100
Quest Diagnostics In	74834L100	669	13,810	SH	SOLE	NONE	13,810
Roper Industries Inc	776696106	13	200	SH	SOLE	NONE	200
Roth & Rau Ag Ord	D66040102	1,379	6,340	SH	SOLE	NONE	6,340
Rowan Co.	779382100	7	150	SH	SOLE	NONE	150
Royal Dutch Shell A	780259206	348	4,261	SH	SOLE	NONE	4,261
RPM International In	749685103	13	650	SH	SOLE	NONE	650
Ryl Bk Scotland	780097879	5	250	SH	SOLE	NONE	250
S S E Telecom Inc	784652109	1	1,000	SH	SOLE	NONE	1,000
San Juan Basin Royal	798241105	2	43	SH	SOLE	NONE	43
Sandisk Corp	80004C101	805	43,045	SH	SOLE	NONE	43,045
Sanyo Electric Ltd O	J68897107	1,340	575,000	SH	SOLE	NONE	575,000
Sara Lee Corp.	803111103	10	800	SH	SOLE	NONE	800
Schering-Plough	806605101	75	3,800	SH	SOLE	NONE	3,800
Schlumberger Ltd.	806857108	75	700	SH	SOLE	NONE	700
Schneider Elec Sa Or	F86921107	1,589	14,700	SH	SOLE	NONE	14,700
Smuckers, J.M.	832696207	547	13,449	SH	SOLE	NONE	13,449
Solucorp Industries	83437C102	6	16,217	SH	SOLE	NONE	16,217
Sonoco Products	835495102	36	1,155	SH	SOLE	NONE	1,155
Spectra Energy Corp	847560109	29	994	SH	SOLE	NONE	994
St Jude Medical Co	790849103	41	1,000	SH	SOLE	NONE	1,000
Staples Inc	855030102	12	500	SH	SOLE	NONE	500
Starwood Htls & Reso	85590A401	19	465	SH	SOLE	NONE	465
Stericycle Inc	858912108	31	600	SH	SOLE	NONE	600
Stryker Corp	863667101	50	800	SH	SOLE	NONE	800
Sysco Corp	871829107	36	1,300	SH	SOLE	NONE	1,300
Telefonica SA	879382208	110	1,386	SH	SOLE	NONE	1,386
Teva Pharm Inds Ltd	881624209	81	1,772	SH	SOLE	NONE	1,772
Texas Instruments	882508104	861	30,565	SH	SOLE	NONE	30,565
Thermo Fisher Scient	883556102	39	700	SH	SOLE	NONE	700
Time Warner Inc.	887315109	5	360	SH	SOLE	NONE	360
Torchmark Corp.	891027102	12	200	SH	SOLE	NONE	200
Toronto Dominion Ban	891160509	24	382	SH	SOLE	NONE	382
Travelers Group Inc	894190107	7	151	SH	SOLE	NONE	151
Trizetto Group Inc	896882107	498	23,300	SH	SOLE	NONE	23,300
TrustCo Bank Corp	898349105	3	354	SH	SOLE	NONE	354
U S Bancorp Del New	902973304	6	233	SH	SOLE	NONE	233
Unilever N.V.	904784501	17	600	SH	SOLE	NONE	600
Unilever Plc Adr New	904767704	1,444	50,815	SH	SOLE	NONE	50,815
Union Pacific	907818108	211	2,800	SH	SOLE	NONE	2,800
United Parcel Servic	911312106	55	900	SH	SOLE	NONE	900
Verizon Communicatio	92343V104	1,478	41,760	SH	SOLE	NONE	41,760

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Vermont Pure Holdngs	924237100	1	600	SH	SOLE	NONE	600
Vestas Wind Systems	K9773J128	118	900	SH	SOLE	NONE	900
Volvo AB ADR Class B	928856400	8	625	SH	SOLE	NONE	625
Wachovia Corp.	929903102	952	61,330	SH	SOLE	NONE	61,330
Walgreen Co.	931422109	718	22,075	SH	SOLE	NONE	22,075
Warren Resources Inc	93564A100	15	1,000	SH	SOLE	NONE	1,000
Waters Corp	941848103	723	11,215	SH	SOLE	NONE	11,215
Watson Pharmaceutica	94263103	1,045	38,450	SH	SOLE	NONE	38,450
Weatherford Intl Inc	947074100	50	1,000	SH	SOLE	NONE	1,000
Wells Fargo & Co.	949746101	24	1,000	SH	SOLE	NONE	1,000
Wells Fargo Cap Tr	94976Y207	24	1,000	SH	SOLE	NONE	1,000
WGL Holdings	92924F106	16	450	SH	SOLE	NONE	450
Williams Companies	969457100	81	2,000	SH	SOLE	NONE	2,000
Wilmington Trust Cor	971807102	26	1,000	SH	SOLE	NONE	1,000
Wm Wrigley Jr	982526105	56	725	SH	SOLE	NONE	725
Wyeth	983024100	767	15,984	SH	SOLE	NONE	15,984
Xerox Corp.	984121103	37	2,725	SH	SOLE	NONE	2,725
YRC Worldwide	984249102	240	16,155	SH	SOLE	NONE	16,155
Zhone Technologies I	98950P108	1	219	SH	SOLE	NONE	219
		126,926	3,724,357				