

Description	CUSIP	Current Value (000)	Quantity	Type	Invest Disc	Other Mgrs
3M Company	88579Y101	8,395	114,438	SH	SOLE	NONE
Ab Electrolux Adr	010198208	198	4,190	SH	SOLE	NONE
Abbott Labs	002824100	6,637	156,535	SH	SOLE	NONE
Acco Brands Corp	00081T108	1	16	SH	SOLE	NONE
ADC Telecom	000886101	28	1,204	SH	SOLE	NONE
Adv Neuromodulatio	00757T101	4	75	SH	SOLE	NONE
Air Products & Che	009158106	194	3,526	SH	SOLE	NONE
Alliant Energy Cor	018802108	7	250	SH	SOLE	NONE
Allstate Corp Qrtl	020002101	55	1,003	SH	SOLE	NONE
America Movil Sa L	02364W105	6,711	254,980	SH	SOLE	NONE
American Express	025816109	63	1,100	SH	SOLE	NONE
American Intern'l	026874107	8,782	141,731	SH	SOLE	NONE
American Med Sys H	02744M108	8	400	SH	SOLE	NONE
Ametek Inc New	031100100	103	2,400	SH	SOLE	NONE
Amgen Inc.	031162100	7,311	91,765	SH	SOLE	NONE
AMP Inc.	031897101	8	220	SH	SOLE	NONE
Anadarko Petroleum	032511107	158	1,650	SH	SOLE	NONE
Anheuser Busch Cos	035229103	197	4,582	SH	SOLE	NONE
Apache Corp	037411105	287	3,818	SH	SOLE	NONE
Apple Computer	037833100	43	800	SH	SOLE	NONE
Applied Materials	038222105	191	11,274	SH	SOLE	NONE
Ariad Pharmaceutic	04033A100	1	75	SH	SOLE	NONE
Arkansas Best Corp	040790107	87	2,500	SH	SOLE	NONE
Automatic Data Pro	053015103	593	13,780	SH	SOLE	NONE
Avaya Inc	053499109	82	8,000	SH	SOLE	NONE
Bank of America Co	060505104	256	6,083	SH	SOLE	NONE
Bank of NY Co Inc	064057102	269	9,130	SH	SOLE	NONE
Banknorth Group In	06646R107	90	3,000	SH	SOLE	NONE
Banta Corporation	066821109	80	1,575	SH	SOLE	NONE
Bed Bath & Beyond	075896100	80	2,000	SH	SOLE	NONE
Berkshire Hathaway	084670108	82	100	SH	SOLE	NONE
Berkshire Hathaway	084670207	276	101	SH	SOLE	NONE
Boston Private Fin	101119105	27	1,000	SH	SOLE	NONE
Boston Scientific	101137107	79	3,400	SH	SOLE	NONE
BP Amoco Plc Adr	110889409	5,182	73,135	SH	SOLE	NONE
Brady Corp Cl A	104674106	93	3,000	SH	SOLE	NONE
Briggs & Stratton	109043109	266	7,700	SH	SOLE	NONE
Bristol-Myers Squi	110122108	1,072	44,540	SH	SOLE	NONE
C V S Corp Del	126650100	65	2,224	SH	SOLE	NONE
Cadbury Schweppes	127209302	489	12,000	SH	SOLE	NONE
Canon Inc Adr Japa	138006309	141	2,600	SH	SOLE	NONE
Capstone Turbine C	14067D102	1	350	SH	SOLE	NONE
Caterpillar Inc.	149123101	197	3,360	SH	SOLE	NONE
Cemex Sa Adr New	151290889	272	5,192	SH	SOLE	NONE
Certegy Inc	156880106	20	500	SH	SOLE	NONE
Charles Schwab Co	808513105	210	14,575	SH	SOLE	NONE

Check Pt Software	M22465104	7,355	302,425	SH	SOLE	NONE
Chesapeake Energy	165167107	77	2,000	SH	SOLE	NONE
Chevrontexaco Corp	166764100	466	7,201	SH	SOLE	NONE
Chittenden Cap I		27	1,000	SH	SOLE	NONE
Chittenden Corp	170228100	73	2,750	SH	SOLE	NONE
Chunghwa Telecom C	17133Q205	11	600	SH	SOLE	NONE
Cigna Corp.	125509109	75	636	SH	SOLE	NONE
Cincinnati Financi	172062101	26	630	SH	SOLE	NONE
Cisco Systems Inc.	17275R102	1,221	68,122	SH	SOLE	NONE
Citigroup	172967101	1,543	33,904	SH	SOLE	NONE
Clarcor Inc.	179895107	19	650	SH	SOLE	NONE
Coca Cola Company	191216100	399	9,248	SH	SOLE	NONE
Comcast Corp New C	20030N101	5,422	184,543	SH	SOLE	NONE
Comcast Corporatio		86	3,000	SH	SOLE	NONE
Con Edison Co of N	209111103	26	541	SH	SOLE	NONE
Conocophillips	20825C104	84	1,200	SH	SOLE	NONE
Crescent Real Esta	225756105	3	133	SH	SOLE	NONE
Curis Inc	231269101	1	30	SH	SOLE	NONE
Daimlerchrysler A	D1668R123	21	386	SH	SOLE	NONE
Devon Energy Corp	25179M103	57	828	SH	SOLE	NONE
Dionex Corp.	254546104	54	1,000	SH	SOLE	NONE
Disney (Walt)	254687106	88	3,636	SH	SOLE	NONE
Donnelley R R & So	257867101	148	4,000	SH	SOLE	NONE
Dover Corp	260003108	73	1,800	SH	SOLE	NONE
Du Pont De Nemours	263534109	959	24,487	SH	SOLE	NONE
Earthshell Corp		1	141	SH	SOLE	NONE
Eaton Corp	278058102	158	2,480	SH	SOLE	NONE
Ebay Inc		41	1,000	SH	SOLE	NONE
Ecolab Inc	278865100	13	400	SH	SOLE	NONE
Eli Lilly	532457108	267	4,983	SH	SOLE	NONE
Emerson Electric	291011104	370	5,150	SH	SOLE	NONE
Encana Corporation	292505104	12	200	SH	SOLE	NONE
Enron Oil and Gas	26875P101	60	800	SH	SOLE	NONE
Ensco Int'l Inc	26874Q100	75	1,610	SH	SOLE	NONE
Entremed Inc	29382F103	2	1,000	SH	SOLE	NONE
Equity Office Pty	294741103	81	2,470	SH	SOLE	NONE
Expedia Inc	30212P105	196	9,900	SH	SOLE	NONE
Exxon Mobil Corpor	30231G102	2,314	36,416	SH	SOLE	NONE
Fannie Mae	313586109	122	2,728	SH	SOLE	NONE
FDX Corp	31428X106	352	4,037	SH	SOLE	NONE
Fifth Third Bancor	689389104	22	600	SH	SOLE	NONE
First Data Corp	319963104	277	6,933	SH	SOLE	NONE
First Israel Fund	32063L100	6	400	SH	SOLE	NONE
Fiserv Inc.	337738108	165	3,600	SH	SOLE	NONE
Fleet Cap Tr Viii		26	1,000	SH	SOLE	NONE
Forest Laboratorie	345838106	101	2,600	SH	SOLE	NONE
Fortune Brands	349631101	6	70	SH	SOLE	NONE
FPL Group	302571104	4	75	SH	SOLE	NONE
Freeport McMoran C	35671D857	10	200	SH	SOLE	NONE
Gamesa Cp Tech New	E54667113	854	55,450	SH	SOLE	NONE
Gannett Co.	364730101	610	8,858	SH	SOLE	NONE
Gen Elec Cap		51	2,000	SH	SOLE	NONE

General Electric	369604103	2,302	68,357	SH	SOLE	NONE
Genuine Parts	372460105	429	10,000	SH	SOLE	NONE
Genzyme Corp Genl	372917104	1	5	SH	SOLE	NONE
Glaxosmithkline Pl	832378301	53	1,038	SH	SOLE	NONE
Goldman Sachs Grou	38141G104	18	150	SH	SOLE	NONE
Grant Prideco Inc	38821G101	33	800	SH	SOLE	NONE
Green Mountain Cof	393122106	1,355	38,950	SH	SOLE	NONE
Green Mountain Pow	393154109	99	3,000	SH	SOLE	NONE
Gulfmark Offshore	402629109	42	1,300	SH	SOLE	NONE
H Lundbeck A/S-DKK	K4406L129	2,549	100,000	SH	SOLE	NONE
Hain Foods	405217100	4,406	227,125	SH	SOLE	NONE
Healthcare REIT	42217K106	31	842	SH	SOLE	NONE
Heinz (H.J.)	423074103	119	3,265	SH	SOLE	NONE
Hewlett-Packard Co	428236103	1	31	SH	SOLE	NONE
Home Depot	437076102	47	1,236	SH	SOLE	NONE
Honda Motor Co Ltd	438128308	429	15,120	SH	SOLE	NONE
Honeywell Inc.	438506107	177	4,710	SH	SOLE	NONE
Hubbell Inc. Cl. B	443510201	56	1,200	SH	SOLE	NONE
HydriL	448774109	33	480	SH	SOLE	NONE
Hydrogenics Corp	448882100	99	25,365	SH	SOLE	NONE
Hyperion Solutions	44914M104	2	48	SH	SOLE	NONE
Iac Interactivecor	44919P300	251	9,900	SH	SOLE	NONE
Id Systems Inc	449489103	7	350	SH	SOLE	NONE
IDX Systems Corpor	449491109	43	1,000	SH	SOLE	NONE
Illinois Tool Work	452308109	131	1,590	SH	SOLE	NONE
Ims Health Inc	449934108	35	1,400	SH	SOLE	NONE
Imunogen Inc.	45253H101	7	1,000	SH	SOLE	NONE
Ingersoll-Rand	G4776G101	151	3,960	SH	SOLE	NONE
Intel Corp.	458140100	1,525	61,883	SH	SOLE	NONE
Inter'l Flavors &	459506101	21	600	SH	SOLE	NONE
International Busi	459200101	1,543	19,235	SH	SOLE	NONE
Interpharm Holding	460588106	1	1,000	SH	SOLE	NONE
Intuit Inc.	461202103	5,600	124,975	SH	SOLE	NONE
Isis Pharmaceutica	464330109	1	200	SH	SOLE	NONE
J.P. Morgan Chase	46625H100	258	7,590	SH	SOLE	NONE
Johnson & Johnson	478160104	5,731	90,566	SH	SOLE	NONE
Johnson Controls	478366107	19	300	SH	SOLE	NONE
K2, Inc.	482732104	61	5,365	SH	SOLE	NONE
Keane Inc	486665102	1	100	SH	SOLE	NONE
Kimberly-Clark	494368103	3,705	62,245	SH	SOLE	NONE
Kyocera Ltd Adr	501556203	3,721	53,140	SH	SOLE	NONE
Lafarge Corp	505862102	169	2,500	SH	SOLE	NONE
Linear Technology	535678106	136	3,620	SH	SOLE	NONE
Lowe's Cos.	548661107	55	860	SH	SOLE	NONE
Lucent Technologie	549463107	2	678	SH	SOLE	NONE
Manhattan Scientif	563122100	1	100	SH	SOLE	NONE
Maytag Corp.	578592107	2	100	SH	SOLE	NONE
McCormick & Co Inc	579780206	65	2,000	SH	SOLE	NONE
McGraw-Hill	580645109	77	1,600	SH	SOLE	NONE
Medtronic Inc.	585055106	622	11,600	SH	SOLE	NONE
Mercantile Banksha	587405101	54	1,000	SH	SOLE	NONE
Merchant's Bancsha	588448100	15	597	SH	SOLE	NONE

Merck & Co.	589331107	27	1,000	SH	SOLE	NONE
Merrill Lynch	590188108	12	200	SH	SOLE	NONE
Mettler Toledo Int	592688105	36	700	SH	SOLE	NONE
Micro Linear Corp	594850109	1	100	SH	SOLE	NONE
Microsoft Corp.	594918104	2,136	83,030	SH	SOLE	NONE
Millennium Pharmac	599902103	35	3,700	SH	SOLE	NONE
Monsanto Co New De		53	844	SH	SOLE	NONE
Morgan Stanley Dea	617446448	12	223	SH	SOLE	NONE
Motorola Inc.	620076109	135	6,136	SH	SOLE	NONE
Nalco Chemical	629853102	2	100	SH	SOLE	NONE
Neenah Paper	640079109	53	1,825	SH	SOLE	NONE
New Plan Excel Rlt	648053106	3	150	SH	SOLE	NONE
New York Times Cl	650111107	1,097	36,864	SH	SOLE	NONE
Newfield Explorati	651290108	246	5,000	SH	SOLE	NONE
Nokia	654902204	1,043	61,650	SH	SOLE	NONE
Novartis A G Spon	66987V109	113	2,220	SH	SOLE	NONE
Novo Nordisk A/S A	670100205	99	2,000	SH	SOLE	NONE
Nuveen Mun Value F	670928100	98	10,000	SH	SOLE	NONE
Nuveen Muni Advtg	67062H106	21	1,300	SH	SOLE	NONE
Nuveen Performance		23	1,500	SH	SOLE	NONE
Omnivision Technol	682128103	4,210	333,610	SH	SOLE	NONE
Opentv Corp Class	G67543101	1	72	SH	SOLE	NONE
Oracle Systems Cor	68389X105	6,423	517,974	SH	SOLE	NONE
Orthovita Inc	68750U102	1	300	SH	SOLE	NONE
Owens & Minor Inc.	690730106	66	2,250	SH	SOLE	NONE
Parametric Technol	699173100	70	10,000	SH	SOLE	NONE
Peoples Energy Cor	711030106	14	350	SH	SOLE	NONE
Pepco Holdings Inc	737679100	26	1,100	SH	SOLE	NONE
Pepsico Inc.	713448108	289	5,100	SH	SOLE	NONE
Per-Se Technologie	713569309	318	15,400	SH	SOLE	NONE
Pfizer Inc.	717081103	630	25,230	SH	SOLE	NONE
Plug Power Inc	72919P103	1	66	SH	SOLE	NONE
PNC Financial Serv	693475105	168	2,900	SH	SOLE	NONE
Polycom Inc	73172K104	2	137	SH	SOLE	NONE
Popular Inc	066704107	30	1,250	SH	SOLE	NONE
Portal Software In	736126301	15	5,000	SH	SOLE	NONE
Posco Adr	693483109	6,829	120,735	SH	SOLE	NONE
PPG Industries	693506107	18	300	SH	SOLE	NONE
Procter & Gamble	742718109	2,484	41,773	SH	SOLE	NONE
Provident Energy T	74386K104	37	3,000	SH	SOLE	NONE
Qwest Communs Intl	749121109	1	40	SH	SOLE	NONE
Resources Connecti	76122Q105	59	2,000	SH	SOLE	NONE
Rowan Co.	779382100	5	150	SH	SOLE	NONE
Royal Dutch Shell	780259206	469	7,142	SH	SOLE	NONE
Ryl Bk Scotland	780097879	6	250	SH	SOLE	NONE
Sanofi Aventis Adr	80105N105	10,066	242,260	SH	SOLE	NONE
Sara Lee Corp.	803111103	30	1,600	SH	SOLE	NONE
SBC Communications	78387G103	21	882	SH	SOLE	NONE
Schering-Plough	806605101	83	3,932	SH	SOLE	NONE
Schlumberger Ltd.	806857108	28	333	SH	SOLE	NONE
Scientific Atlanta	808655104	15	400	SH	SOLE	NONE
Sempra Energy	816851109	24	500	SH	SOLE	NONE

Smuckers, J.M.	832696207	5	100	SH	SOLE	NONE
Sonicwall Inc	835470105	1	200	SH	SOLE	NONE
Sonoco Products	835495102	32	1,155	SH	SOLE	NONE
Staples Inc	855030102	16	750	SH	SOLE	NONE
Starbucks	855244109	45	900	SH	SOLE	NONE
Suffolk Bancorp	864739107	64	2,000	SH	SOLE	NONE
Taiwan Smcndctr Mf	874039100	4,188	509,521	SH	SOLE	NONE
Telefonica SA	879382208	14	286	SH	SOLE	NONE
Tempur Pedic		4,341	366,625	SH	SOLE	NONE
Tesoro Corporation	881609101	34	500	SH	SOLE	NONE
Teva Pharm Inds Lt	881624209	12	366	SH	SOLE	NONE
Texas Instruments	882508104	1,370	40,424	SH	SOLE	NONE
Texas Utilities	882848104	34	304	SH	SOLE	NONE
Thermo Electron	883556102	40	1,300	SH	SOLE	NONE
Thomas & Betts Cor	884315102	28	800	SH	SOLE	NONE
Timberland	TBL	301	8,900	SH	SOLE	NONE
Time Warner Inc.	887315109	22	1,200	SH	SOLE	NONE
Torchmark Corp.	891027102	11	200	SH	SOLE	NONE
Toronto Dominion B		19	382	SH	SOLE	NONE
Transocean Inc	G90078109	184	3,000	SH	SOLE	NONE
Tribune Co.	896047107	1,342	39,600	SH	SOLE	NONE
TrustCo Bank Corp	898349105	4	354	SH	SOLE	NONE
Unilever N.V.	904784501	14	200	SH	SOLE	NONE
Unilever Plc Adr N	904767704	1,302	30,850	SH	SOLE	NONE
Union Bancorp	908908106	3	150	SH	SOLE	NONE
Union Pacific	907818108	72	1,000	SH	SOLE	NONE
United Parcel Serv	911312106	62	900	SH	SOLE	NONE
United Technologie	913017109	104	2,000	SH	SOLE	NONE
UnumProvident Corp	903192102	12	600	SH	SOLE	NONE
USX Marathon Group	902905827	69	1,000	SH	SOLE	NONE
Varian Medical Sys	92220P105	21	540	SH	SOLE	NONE
Verizon Communicat	92343V104	64	1,966	SH	SOLE	NONE
Vermont Pure Holdn	924237100	1	600	SH	SOLE	NONE
Viacom Inc	925524100	182	5,500	SH	SOLE	NONE
Viacom Inc. Class	925524100	126	3,800	SH	SOLE	NONE
Vodafone Group PLC	92857W100	246	9,458	SH	SOLE	NONE
Volvo AB ADR Class	928856400	11	250	SH	SOLE	NONE
Voyageur Mn Muni I	928923101	12	800	SH	SOLE	NONE
Wachovia Corp.	929903102	127	2,672	SH	SOLE	NONE
Wachovia Fdg		28	1,000	SH	SOLE	NONE
Walgreen Co.	931422109	654	15,050	SH	SOLE	NONE
Wal-Mart De Cv Spn	93114W107	15	300	SH	SOLE	NONE
Wal-Mart Stores	931142103	161	3,678	SH	SOLE	NONE
Washington Mutual	939322103	8	200	SH	SOLE	NONE
Weatherford Intl I	947074100	27	400	SH	SOLE	NONE
Wegener Corp	948585104	1	500	SH	SOLE	NONE
Wells Fargo & Co.	949746101	243	4,150	SH	SOLE	NONE
Wells Fargo Cap Tr		25	1,000	SH	SOLE	NONE
Weyerhaeuser Co.	962166104	144	2,100	SH	SOLE	NONE
Williams Companies	969457100	50	2,000	SH	SOLE	NONE
Witness Systems	977424100	33	1,600	SH	SOLE	NONE
WTS Lucent Technol		1	47	SH	SOLE	NONE

Wyeth	983024100	737	15,935	SH	SOLE	NONE
Xerox Corp.	984121103	3	225	SH	SOLE	NONE
Zhone Technologies	98950P108	1	219	SH	SOLE	NONE
Zimmer Holdings In	98956P102	42	608	SH	SOLE	NONE

Voting  
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