



NEWS RELEASE

ENERPLUS CORPORATION

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March 1, 2023

Enerplus to Present at the 51st Annual Scotia Howard Weil Energy Conference – March 7

CALGARY, Alberta – Enerplus Corporation (“Enerplus”) (TSX: ERF) (NYSE: ERF) is pleased to advise that Mr. Wade D. Hutchings, Senior Vice-President and Chief Operating Officer, will provide an update on Enerplus’ operations during a presentation at the 51st Annual Scotia Howard Weil Energy Conference in Miami, Florida on March 7, 2023, at 2:30 PM ET. Investors are invited to listen to a live webcast of the presentation at:

<https://wsw.com/webcast/bns36/erf/1525852>. A replay will be available for 90 days on www.enerplus.com.

About Enerplus

Enerplus is an independent North American oil and gas exploration and production company focused on creating long-term value for its shareholders through a disciplined, returns-based capital allocation strategy and a commitment to safe, responsible operations.

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