



NEWS RELEASE

ENERPLUS CORPORATION

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Enerplus to Report First Quarter 2022 Operating & Financial Results

CALGARY, Alberta – Enerplus Corporation (“Enerplus” or the “Company”) (TSX: ERF) (NYSE: ERF) will be releasing operating and financial results for the first quarter of 2022 after market close on Thursday, May 5, 2022. A results conference call will be hosted by Enerplus’ President & CEO, Ian C. Dundas on Friday, May 6, 2022, at 9:00 AM MT (11:00 AM ET) to discuss these results. Details of the conference call are noted below.

First Quarter 2022 Results Live Conference Call Details

Date: Friday, May 6, 2022

Time: 9:00 AM MT (11:00 AM ET)

Dial-In: 1-888-390-0546 (Toll Free)

Conference ID: 14832308

Audiocast: https://produceredition.webcasts.com/starthere.jsp?ei=1542034&tp_key=861128c0b5

To ensure timely participation in the conference call, callers are encouraged to dial in 15 minutes prior to the start time to register for the event. A telephone replay will be available for 30 days following the conference call and can be accessed at the following number:

Dial-In: 1-888-390-0541 (Toll Free)

Passcode: 832308 #

Electronic copies of our 2021 interim and 2021 year-end MD&A and Financial Statements, along with other public information including investor presentations, are available on our website at www.enerplus.com. Shareholders may request a hard copy of Enerplus’ complete audited financial statements at any time free of charge. For further information, please contact Investor Relations at 1-800-319-6462 or email investorrelations@enerplus.com.

About Enerplus

Enerplus is an independent North American oil and gas exploration and production company focused on creating long-term value for its shareholders through a disciplined capital allocation strategy and a commitment to safe, responsible operations.

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