

NEWS RELEASE

July 13, 2016

Enerplus Announces Conference Call for Second Quarter 2016 Results

CALGARY, Alberta – Enerplus Corporation (“Enerplus”) (TSX & NYSE: ERF) will be releasing operating and financial results for the quarter ended June 30, 2016 prior to market open on Friday, August 5, 2016. A conference call will be hosted by Mr. Ian C. Dundas at 9:00 AM MT (11:00 AM EST) to discuss these results. Details of the conference call are as follows:

Q2 2016 Results Live Conference Call

Date: Friday, August 5, 2016
Time: 9:00 AM MT (11:00 AM EST)
Dial-In: 647-427-7450
1-888-231-8191 (toll free)

Audiocast: <http://event.on24.com/r.htm?e=1220760&s=1&k=27AA414C14D5775C55176FD27A428CCD>

To ensure timely participation in the conference call, callers are encouraged to dial in 15 minutes prior to the start time to register for the event. A telephone replay will be available for 30 days following the conference call and can be accessed at the following numbers:

Dial-In: 416-849-0833
1-855-859-2056 (toll free)
Passcode: 45475268

Electronic copies of our 2015 year-end MD&A and Financial Statements, along with other public information including investor presentations, are available on our website at www.enerplus.com. Shareholders may request a hard copy of Enerplus' complete audited financial statements at any time free of charge. For further information, please contact Investor Relations at 1-800-319-6462 or email investorrelations@enerplus.com.

Follow @EnerplusCorp on Twitter at <https://twitter.com/EnerplusCorp>.

Ian C. Dundas
President & Chief Executive Officer
Enerplus Corporation