Registration No. 033-75962* Registration No. 811-02513

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 FORM N-4

Pre-Effective Amendment No	[X] [] [X]
REGISTRATION STATEMENT UNDER THE INVESTMENT COMPANY ACT OF 1940	
Variable Annuity Account C (Exact Name of Registrant)	
Voya Retirement Insurance and Annuity Company (Name of Depositor)	
One Orange Way Windsor, Connecticut 06095-4774 (Address of Depositor's Principal Executive Offices) (Zip Code)	
(860) 580-1631 (Depositor's Telephone Number, including Area Code)	
Peter M. Scavongelli Assistant Vice President and Senior Counsel Voya Retirement Insurance and Annuity Company One Orange Way, C2S, Windsor, Connecticut 06095-4774 (Name and Address of Agent for Service)	
It is proposed that this filing will become effective: immediately upon filing pursuant to paragraph (b) of Rule 485 X on April 1, 2022 pursuant to paragraph (b) of Rule 485 60 days after filing pursuant to paragraph (a)(1) on pursuant to paragraph (a)(1) of Rule 485.	
If appropriate, check the following box: this post-effective amendment designates a new effective date for a previously filed p effective amendment.	ost-
Title of Securities Being Registered: Group Deferred Variable and Fixed Annuity Contracts	

* Pursuant to Rule 429(a) under the Securities Act of 1933, Registrant has included a combined prospectus under this Registration Statement, which includes all the information which would current be required in a prospectus

relating to the securities covered by the following earlier Registration Statement: 033-75978.

EXPLANATORY NOTE

This Post-Effective Amendment No. 78 to the Registration Statement on Form N-4 is being filed pursuant to paragraph (b)(1)(iii) of Rule 485 under the Securities Act of 1933 (the "1933 Act") for the sole purpose of designating a new effective date for the previously filed Post-Effective Amendment No. 74 to the Registration Statement filed on November 1, 2021.

Post-Effective Amendment No. 77 was filed pursuant to paragraph (b)(1)(iii) of Rule 485 under the 1933 Act on February 3, 2022 (Accession No. 0000103007-22-000024). Post-Effective Amendment No. 76 was filed pursuant to paragraph (b)(1)(iii) of Rule 485 under the 1933 Act on January 3, 2022 (Accession No. 0000103007-22-000002). Post-Effective Amendment No. 75 was filed pursuant to paragraph (b)(1)(iii) of Rule 485 under the 1933 Act on December 1, 2021 (Accession No. 0000103007-21-000105).

This Post-Effective Amendment No. 78 incorporates by reference the information contained in Parts A, B and C of Post-Effective Amendment 74 to the Registration Statement.

SIGNATURES

Pursuant to the requirements of the Securities Act of 1933 and the Investment Company Act of 1940, the Registrant has duly caused this Post-Effective Amendment to be signed on its behalf by the undersigned, thereunto duly authorized, in the Town of Windsor, State of Connecticut, on the 9th day of March 2022.

VARIABLE ANNUITY ACCOUNT C OF VOYA RETIREMENT INSURANCE AND ANNUITY COMPANY (Registrant)

By: Charles P. Nelson*

Charles P. Nelson

President

(principal executive officer)

VOYA RETIREMENT INSURANCE AND ANNUITY COMPANY (Depositor)

By: Charles P. Nelson*

Charles P. Nelson

President

(principal executive officer)

As required by the Securities Act of 1933, this Post-Effective Amendment No. 78 to the Registration Statement has been signed by the following persons in the capacities and on the date indicated.

Signature	Title	Date
Charles P. Nelson* Charles P. Nelson	Director and President (principal executive officer)	
Robert L. Grubka* Robert L. Grubka	Director	
Michael R. Katz* Michael R. Katz	Director and Chief Financial Officer (principal financial officer)	
Heather H. Lavallee* Heather H. Lavallee	Director	March 9, 2022
Francis G. O'Neill* Francis G. O'Neill	Director	
Mona Zielke	Director	
Michael S. Smith* Michael S. Smith	Director	
C. Landon Cobb, Jr.* C. Landon Cobb, Jr.	Chief Accounting Officer (principal accounting officer)	

By: /s/ <u>Peter M. Scavongelli</u> Peter M. Scavongelli

*Attorney-in-Fact

* Executed by Peter M. Scavongelli on behalf of those indicated pursuant to Powers of Attorney filed as an exhibit to this Registration Statement.

EXHIBIT INDEX

Exhibit No. Exhibit

99.16 Powers of Attorney