

**ING Life Insurance and Annuity Company  
and its Variable Annuity Account C**

**University of Texas System Retirement Programs**

**Supplement dated July 15, 2009 to the Contract Prospectus dated May 1, 2009, as amended**

The information in this Supplement updates and amends certain information contained in your variable annuity Contract Prospectus. Please read it carefully and keep it with your current variable annuity Contract Prospectus for future reference.

The following list replaces the top 25 selling firms list in the “Commission Payments” subsection on page 32 of the Contract Prospectus.

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| 1) SagePoint Financial, Inc.                   | 14) Mutual Service Corporation                   |
| 2) Symetra Investment Services, Inc.           | 15) Waterstone Financial Group, Inc.             |
| 3) Huckin Financial Group, Inc.                | 16) Northwestern Mutual Investment Services, LLC |
| 4) LPL Financial Corporation                   | 17) Lincoln Investment Planning, Inc.            |
| 5) Walnut Street Securities, Inc. <sup>®</sup> | 18) Cadaret, Grant & Co., Inc.                   |
| 6) ING Financial Partners, Inc.                | 19) Securities America, Inc.                     |
| 7) NFP Securities, Inc.                        | 20) Edward D. Jones & Co., L.P.                  |
| 8) Valor Insurance Agency, Inc.                | 21) American Portfolios Financial Services, Inc. |
| 9) Lincoln Financial Securities Corporation    | 22) Ameritas Investment Corp.                    |
| 10) Financial Network Investment Corporation   | 23) First Heartland <sup>®</sup> Capital, Inc.   |
| 11) NRP Financial, Inc.                        | 24) Lincoln Financial Advisors Corporation       |
| 12) National Planning Corporation              | 25) Morgan Keegan and Company, Inc.              |
| 13) Multi-Financial Securities Corporation     |  |