



UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549-3561

July 8, 2010

By U.S. Mail and facsimile to (801) 606-5055

Joseph W. Baty
Chief Financial Officer
Schiff Nutrition International, Inc.
2002 South 5070 West
Salt Lake City, Utah 84104-4726

**Re: Schiff Nutrition International, Inc.
Form 10-K for Fiscal Year Ended May 31, 2009
Filed August 20, 2009
Proxy Statement on Schedule 14A
Filed September 24, 2009
File No. 001-14608**

Dear Mr. Baty:

We have completed our review of your filings and do not have any further comments at this time.

Sincerely,

H. Christopher Owings
Assistant Director