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### Forward looking statements and risk factors:

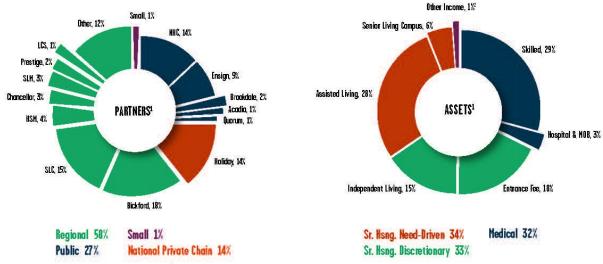
This Supplemental Information and other materials we have filed or may file with the Securities and Exchange Commission, as well as information included in oral statements made, or to be made, by our senior management contain certain "forward-looking" statements as that term is defined by the Private Securities Litigation Reform Act of 1995. All statements regarding our expected future financial position, results of operations, cash flows, funds from operations, continued performance improvements, ability to service and refinance our debt obligations, ability to finance growth opportunities, and similar statements including, without limitations, those containing words such as "may," "will," "believes," anticipates," "expects," "intends," "estimates," "plans," and other similar expressions are forward-looking statements. Forward-looking statements involve known and unknown risks and uncertainties that may cause our actual results in future periods to differ materially from those projected or contemplated in the forward-looking. Such risks and uncertainties include, among other things, the risks which are described under the heading "Risk Factors" in Item 1A in our Form 10-K for the year ended December 31, 2017. In this Supplemental Information, we refer to non-GAAP financial measures. These non-GAAP measures are not prepared in accordance with generally accepted accounting principles. A reconciliation of the non-GAAP financial measures to the most directly comparable GAAP measures is included in this presentation. Throughout this presentation, certain abbreviations and acronyms are used to simplify the format. A list of definitions is provided at the end of this presentation to clarify the meaning of any reference that may be ambiguous. Unless otherwise noted, all amounts are unaudited and are as of or for the quarter ended September 30, 2018.

COVER: Bavarian Comfort Care, operated by Comfort Care Senior Living, in Bridgeport, MI

# **OVERVIEW**

NATIONAL HEALTH INVESTORS, INC. (NYSE: NHI), is a real estate investment trust specializing in sale-leaseback, joint-venture, mortgage and mezzanine financing of need-driven and discretionary senior housing and medical investments. NHI's portfolio consists of independent, assisted and memory care communities, entrance-fee retirement communities, skilled nursing facilities, medical office buildings and specialty hospitals.





Based on annualized cash revenue of \$ 277,670,000 for contracts in place at September 30, 2018 <sup>2</sup>Other Income consists primarily of revenue from non-mortgage notes receivable



# SUMMARY INFORMATION

## Quarter Ended / As Of

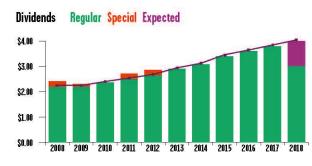
	Quartor Ena					Cu / NO OI					
	Q3 2018		Q2 2018		Q1 2018		Q4 2017		Q3 2017		
Balance Sheet Data											
Gross cost of real estate assets	\$ 2,807,389	\$	2,803,950	\$	2,683,685	\$	2,665,903	\$	2,620,920		
Total assets	2,671,009		2,673,236		2,559,428		2,545,821		2,519,932		
Total liabilities	1,307,609		1,311,864		1,239,547		1,223,704		1,192,265		
Total stockholder's equity	1,363,400		1,361,372		1,319,881		1,322,117		1,327,667		
Operating Data											
Total revenue <sup>1</sup>	\$ 74,915	\$	72,956	\$	72,746	\$	71,083	\$	71,352		
Rental revenue - GAAP <sup>1</sup>	71,688		69,869		69,253		68,050		68,204		
Straight-line rents	5,719		5,835		5,962		7,134		6,951		
Rental revenue - Cash <sup>1</sup>	65,969		64,034		63,291		60,916		61,253		
Adjusted EBITDA <sup>2</sup>	71,751		69,968		67,950		67,931		68,624		
Interest expense <sup>1</sup>	12,374		12,220		11,614		11,185		11,746		
General & administrative expense	2,793		2,765		4,170		3,075		2,513		
Funds from operations per diluted common share	1.39		1.33		1.34		1.31		1.35		
Normalized FFO per diluted common share	1.39		1.38		1.35		1.35		1.37		
Normalized AFFO per diluted common share	1.28		1.26		1.22		1.21		1.22		
Regular dividends declared per common share	1.00		1.00		1.00		0.95		0.95		
Capitalization											
Common shares outstanding at end of each period	42,231		42,172		41,532		41,532		41,531		
Market value of equity at end of each period	\$ 3,192,241	\$	3,107,233	\$	2,794,688	\$	3,130,682	\$	3,209,931		
Total debt	1,220,135		1,225,720		1,160,226		1,145,497		1,111,292		
Net debt	1,217,497		1,222,675		1,156,996		1,142,434		1,107,366		
Total market capitalization, including net debt	4,329,077		4,329,908		3,951,684		4,273,116		4,317,297		
Ratios											
Interest coverage ratio <sup>1</sup>	5.8x		5.7x		5.9x		6.1x		5.8x		
Fixed charge coverage ratio	6.0x		6.0x		6.3x		6.8x		6.6x		
Net debt to adjusted EBITDA (annualized)	4.2x		4.3x		4.3x		4.2×		4.0x		
Dividend payout ratio for normalized FFO	71.9%		72.5%		74.1%		70.4%		69.3%		
Dividend payout ratio for normalized AFFO	78.1%		79.4%		82.0%		78.5%		77.9%		
Net debt as a percentage of market capitalization	28.1%		28.2%		29.3%		26.7%		25.6%		
Secured debt as a percentage of net debt	11.5%		11.5%		12.2%		12.4%		11.1%		
Portfolio Statistics											
Number of properties (includes mortgages)	230		229		220		218		216		

<sup>&</sup>lt;sup>1</sup>Certain balances were reclassified to conform the presentation of prior periods to the current period.
<sup>2</sup>For all periods presented EBITDA has been adjusted to reflect GAAP interest expense, which excludes amounts capitalized during the period.

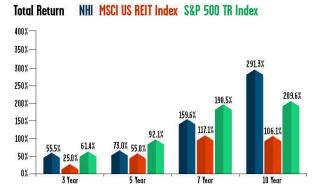
# PERFORMANCE >

### Normalized FFO / Share (CAGR) **NHI vs Peer Avg** 12% 9.6% 9% 7.0% 6.3% 6% 3% 1.0% 0% 2-Year 3-Year 4-Year 5-Year 6-Year

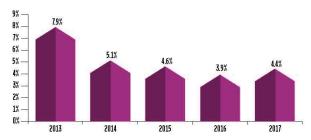
Peer Average Source: Wells Fargo Securities; based on mid-point of 2018 guidance and reported normalized FFO



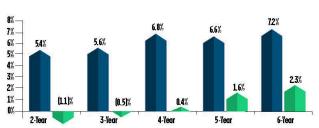
mid-point of 2018 guidance and reported normalized



General & Administrative Cost as % of Total Revenue



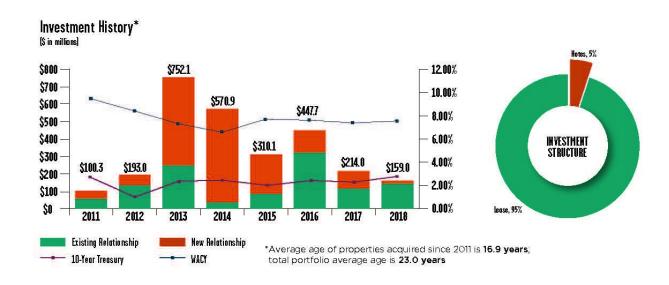
Dividends / Share (CAGR) NHI vs Peer Avg



Peer Average Source: Wells Fargo Securities; based on mid-point of 2018 guidance and reported normalized FFO

# WE INVEST IN RELATIONSHIPS, NOT JUST PROPERTIES

- Focused on growing with our 34 operating partners and select new customers
- Diversified investment plan emphasizing private pay senior housing properties
- · Experienced operators with proven record of quality care and value creation



Bickford Senior Living	(\$, in 000's)	Asset Type	Investment Type	Units <i>l</i> Buildings¹	Location	Initial Yield		Total		Funded		Remaining
Bickford Senior Living	Recent Investments											
Bickford Senior Living	Q3 2018											
Bickford Senior Living   SHO   Lease   320/5   OH, PA   6.85%   69,750   68,594)   1,155     Ensign Group   SNF   Lease   264/2   TX   8.10%   29,000° (29,000)       Comfort Care   SHO   Lease   106/2   MI   8.10%   17,100   17,100   17,100       Comfort Care   SHO   Lease   121/1   TX   8.20%   14,404° (14,404)       Bickford Senior Living   SHO   Construction Loan   60/1   VA   9.00%   14,000   (2,238)   11,76     ST8,995   \$158,995   \$133,218)   \$25,73     Composition	Bickford Senior Living	SHO	Construction Loan	64/1	MI	9.00%		14,700		(1,882)		12,818
Ensign Group SNF Lease 264/2 TX 8.10% 29,000° (29,000)												
Comfort Care				035550000000 00								1,156
Part	passecular and passecular states			ANTES 8848 - 24				122502700 00 10		di billiotto instrutto		1000
Ensign Group   SNF	Comfort Care	SHO	Lease	106/2	MI	8.10%		17,100		(17,100)		1 <del>0-0</del> .
Semior Living   SHO   Construction Loan   60/1   VA   PA   PA   PA   PA   PA   PA   PA	Q1 2018											
Company   Comp	Ensign Group			100.00.000.00				CONTRACTOR NOT AN ADMINISTRATION OF THE PARTY NAMED IN		Many-many department of the second		-
Q4 2017           Discovery Senior Living         SHO         Lease         202/1         OK         7.0%         34,600         (34,600)         -           Navion Senior Solutions         SHO         Lease         32/1         NC         7.15%         8,200         (7,550)         655           Woodland Village         SHO         Expansion         44/1         WA         8,50%         7,100         —         7,100           G3 2017         Evolve Senior Living         SHO         Mortgage Note         40/1         NH         8,00%         10,000         (10,000)         —         -           Senior Living Communities         SHO         Renovation         N/A         Various         7,08%         6,830         (2,413)         4,41           Acadia Healthcare         HOSP         Land Lease         N/A         TN         7,00%         4,840         (4,840)         —           Bickford Senior Living         SHO         Lease         60/1         MI         7,25%         10,400         (10,400)         —           Car 2017           Lasalle Group         SHO         Lease         223/5         IL, TX         7,00%         51,865         (61,865) <td< td=""><td>Bickford Senior Living</td><td>SHO</td><td>Construction Loan</td><td>60/1</td><td>VA</td><td>9.00%</td><td></td><td>14,000</td><td></td><td>(2,238)</td><td></td><td>11,762</td></td<>	Bickford Senior Living	SHO	Construction Loan	60/1	VA	9.00%		14,000		(2,238)		11,762
Discovery Senior Living							\$	158,954	\$	(133,218)	\$	25,736
Discovery Senior Living												
Navion Senior Solutions				POLICE SAN								
Woodland Village	200 27 100 10 200 10 100											10 <u></u>
Sacron   Semior Living   SHO   Mortgage Note   40/1   NH   8.00%   10,000   (10,000)   10,000   10,0				1000000						(7,550)		650
Evolve Senior Living	Woodland Village	SHO	Expansion	44/1	WA	8.50%		7,100		<u></u>		7,100
Senior Living Communities	Q3 2017											
Acadia Healthcare         HOSP         Land Lease         N/A         TN         7.00%         4,840         (4,840)	Evolve Senior Living	SHO	Mortgage Note	40/1	NH			10,000		(10,000)		-
G2 2017         Bickford Senior Living         SHO         Lease         60/1         MI         7.25%         10,400         (10,400)         -           G1 2017         LaSalle Group         SHO         Lease         223/5         IL, TX         7.00%         61,865         (61,865)         -           Prestige Senior Living         SHO         Lease         102/1         OR         7.00%         26,200         (26,200)         -           Navion Senior Solutions         SHO         Lease         86/2         NC         7.35%         16,100         (16,100)         -           Bickford Senior Living         SHO         Construction Loan         60/1         MI         9.00%         14,000         (10,577)         3.42           Ensign Group         SNF         Lease         126/1         TX         8.35%         13,846²         (13,846)         -           Ensign Group         SNF         Lease         126/1         TX         8.35%         13,846²         (13,846)         -           Development Activity         Life Care Services         EFC         Senior Note         220/1         WA         6.75%         60,000         (57,536)         5,246           Bickford Senior Living<	Senior Living Communities	SHO	Renovation	N/A	Various	7.08%		6,830		(2,413)		4,417
Bickford Senior Living	Acadia Healthcare	HOSP	Land Lease	N/A	TN	7.00%		4,840		(4,840)		=
Cal 2017           LaSalle Group         SHO         Lease         223/5         IL, TX         7.00%         61,865         (61,865)         -           Prestige Senior Living         SHO         Lease         102/1         OR         7.00%         26,200         (26,200)         -           Navion Senior Solutions         SHO         Lease         86/2         NC         7.35%         16,100         (16,100)         -           Bickford Senior Living         SHO         Construction Loan         60/1         MI         9.00%         14,000         (10,577)         3,422           Ensign Group         SNF         Lease         126/1         TX         8.35%         13,846²         (13,846)         -           Ensign Group         SNF         Lease         126/1         TX         8.35%         13,846²         (13,846)         -           Ensign Group         SNF         Lease         126/1         TX         8.35%         13,846²         (13,846)         -           Evelopment Activity         SNF         Lease         220/1         WA         6.75%         60,000         \$ (57,536)         \$ 2,466           Bickford Senior Living         SHO         Construction	Q2 2017											
LaSalle Group         SHO         Lease         223/5         IL, TX         7.00%         61,865         (61,865)         - Prestige Senior Living           Prestige Senior Living         SHO         Lease         102/1         OR         7.00%         26,200         (26,200)         - Prestige Senior Living           Navion Senior Solutions         SHO         Lease         86/2         NC         7.35%         16,100         (16,100)         - Prestige Senior Living           Bickford Senior Living         SHO         Construction Loan         60/1         MI         9.00%         14,000         (10,577)         3,42           Ensign Group         SNF         Lease         126/1         TX         8.35%         13,8462         (13,846)         - Prestige Senior Living           Evelopment Activity         Senior Note         220/1         WA         6.75%         60,000         \$ (57,536)         \$ 2,466           Bickford Senior Living         SHO         Construction         300/5         IL, VA         9.00%         \$ 66,500         \$ (53,857)         \$ 2,646           Senior Living Communities         SHO         Construction Loan         N/A         Various         9.05%         \$ 15,000         \$ (997)         \$ 14,000	Bickford Senior Living	SHO	Lease	60/1	MI	7.25%		10,400		(10,400)		( <del>)</del>
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	Q1 2017											
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	LaSalle Group	SHO	Lease	223/5	IL, TX	7.00%		61,865		(61,865)		<u> </u>
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	Prestige Senior Living	SHO	Lease	102/1	OR	7.00%		26,200		(26,200)		=
Ensign Group SNF Lease 126/1 TX 8.35% $13,846^2$ (13,846) $-6$ (13,846)	Navion Senior Solutions	SHO	Lease	86/2	NC	7.35%		16,100		(16,100)		=
Development Activity   Services   EFC   Senior Note   220/1   WA   6.75%   \$ 60,000   \$ (57,536)   \$ 2,466	Bickford Senior Living	SHO	Construction Loan	60/1	MI	9.00%		14,000		(10,577)		3,423
Development Activity           Life Care Services         EFC         Senior Note         220/1         WA         6.75%         \$ 60,000         \$ (57,536)         \$ 2,466           Bickford Senior Living         SHO         Construction         300/5         IL, VA         9.00%         \$ 56,500         \$ (53,857)         \$ 2,646           Senior Living Communities         SHO         Construction Loan         N/A         Various         9.05%         \$ 15,000         \$ (997)         \$ 14,000           Woodland Village         SHO         Expansion         44/1         WA         8.50%         \$ 7,450         \$ (4,480)         \$ 2,976           Bickford Senior Living         SHO         Renovation         N/A         OH, PA         7.69%         \$ 2,253         \$ (742)         \$ 1,512	Ensign Group	SNF	Lease	126/1	TX	8.35%	đ		ø		đ	15 500
Life Care Services         EFC         Senior Note         220/1         WA         6.75%         \$ 60,000         \$ (57,536)         \$ 2,46           Bickford Senior Living         SHO         Construction         300/5         IL, VA         9.00%         \$ 56,500         \$ (53,857)         \$ 2,64           Senior Living Communities         SHO         Construction Loan         N/A         Various         9.05%         \$ 15,000         \$ (997)         \$ 14,000           Woodland Village         SHO         Expansion         44/1         WA         8.50%         \$ 7,450         \$ (4,480)         \$ 2,976           Bickford Senior Living         SHO         Renovation         N/A         OH, PA         7.69%         \$ 2,253         \$ (742)         \$ 1,51	Davelonment Activity						<b>D</b>	213,981	Þ	(198,391)	Ф	15,590
Bickford Senior Living         SHO         Construction         300/5         IL, VA         9.00%         \$ 56,500         \$ (53,857)         \$ 2,64           Senior Living Communities         SHO         Construction Loan         N/A         Various         9.05%         \$ 15,000         \$ (997)         \$ 14,000           Woodland Village         SHO         Expansion         44/1         WA         8.50%         \$ 7,450         \$ (4,480)         \$ 2,976           Bickford Senior Living         SHO         Renovation         N/A         OH, PA         7.69%         \$ 2,253         \$ (742)         \$ 1,51		EEC	Senior Note	220/1	\A/A	6 750	¢	60,000	\$	(57.576)	¢	2.464
Senior Living Communities         SHO         Construction Loan         N/A         Various         9.05%         \$         15,000         \$         (997)         \$         14,00           Woodland Village         SHO         Expansion         44/1         WA         8.50%         \$         7,450         \$         (4,480)         \$         2,976           Bickford Senior Living         SHO         Renovation         N/A         OH, PA         7.69%         \$         2,253         \$         (742)         \$         1,51								annual		S		
Woodland Village         SHO         Expansion         44/1         WA         8.50%         \$ 7,450         \$ (4,480)         \$ 2,976           Bickford Senior Living         SHO         Renovation         N/A         OH, PA         7.69%         \$ 2,253         \$ (742)         \$ 1,51				10 1000			- 23					a silve seem
Bickford Senior Living SHO Renovation N/A OH, PA 7.69% \$ 2,253 \$ (742) \$ 1,51	100			10								
	40		.20	Sino			- 10		30	1953 30 3564		
	Various	SHO	Renovation & Construction	N/A	Various			20,879	\$	(14,033)	\$	6.846

<sup>&</sup>lt;sup>1</sup> Building count excludes renovations <sup>2</sup> Excludes \$1,250,000 contributed by Ensign Group

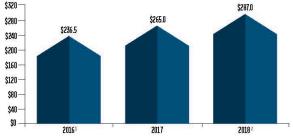
# A DISCIPLINED APPROACH TO VALUE CREATION

- · Low Leverage Balance Sheet
- · Staggered Long-Term Debt Maturities
- Target 60/40 Equity/Debt Funding Mix

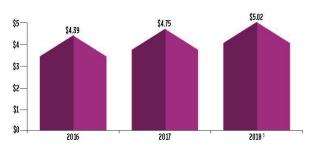
# Normalized FFO (per diluted share) Dividend Payout



# **Adjusted EBITDA**

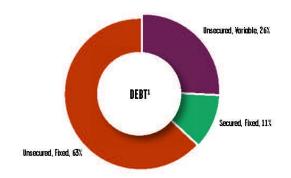


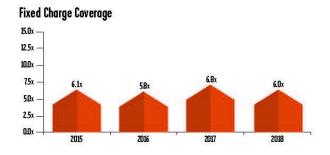
# Normalized AFFO (per diluted share)



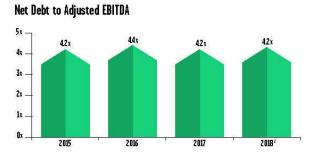
- $^{ ext{1}}$  Updated to reflect reclassifications to conform prior period presentations to current period
- <sup>2</sup> Annualized, see page 17 for reconciliation
- <sup>3</sup>Mid-point of guidance range

# CAPITAL STRUCTURE





### **Revolver Liquidity** \$800-\$700 -\$600 -\$500-\$383.0 \$288.0 \$329.0 \$223.0 \$527.0 \$400-\$300-\$200-\$100-Q1 2018 Q2 2018 Q3 2018 Q4 2017



(\$, in 000's)	Amount	Rate <sup>3</sup>	% of Total	Maturity <sup>3</sup>
Secured Debt				
Fixed Rate				
HUD Mortgage Loans	\$ 44,433	4.04%	3.6%	18 years
Fannie Mae Mortgage Loans	96,127	3.94%	7.8%	7 years
Total Secured Debt	140,560			
Unsecured Debt				
Fixed Rate				
Term Loans	250,000	3.34%4	20.3%	4 years
Private Placement	400,000	4.16%	32.4%	4 years
Convertible Senior Notes	120,000	3.25%	9.7%	3 years
Variable Rate				
Term Loans	300,000	3.51%	24.3%	5 years
Revolving Credit Facility	23,000	3.66%	1.9%	4 years
Total Unsecured Debt	1,093,000			
Subtotal	1,233,560	3.80%	100.0%	
Note Discounts	(2,922)			
Unamortized Loan Costs	(10,503)			
Total Debt	\$ 1,220,135			

<sup>&</sup>lt;sup>1</sup> Excludes impact of unamortized discounts and loan costs

Balance Available

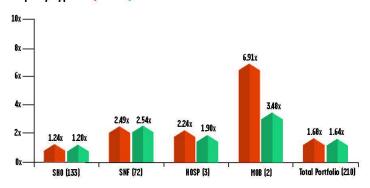
 $<sup>^{2}</sup>$  Annualized, see page 17 for reconciliation

<sup>&</sup>lt;sup>3</sup> Weighted average

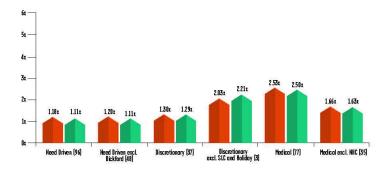
<sup>&</sup>lt;sup>4</sup>Fixed using derivative rate swaps, which mature in 2019 and 2020

# EBITDARM COVERAGE

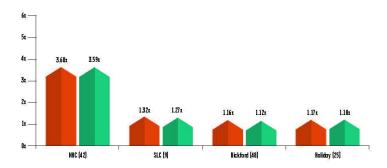
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### **Property Class** Q2'17 Q2'18



### **Major Tenants** Q2 '17 Q2 '18



(#) indicates number of properties

All charts based on trailing 12 months; excludes development and lease up properties in operation less than 24 months; includes pro forma cash rent for stabilized acquisitions in the portfolio less than 24 months; excludes results from SH Regency Leasing, LLC.

# INDUSTRY PARTNERS

		Ownership	Market Focus	% of Revenue <sup>1</sup>
& Bickford	Bickford Senior Living manages or operates over 50 independent living, assisted living, and memory care branches throughout the country. They are also an experienced developer, constructing over 150 communities.	Private	SHO	18%
SENIORLIVING COMMUNITIES	Senior Living Communities owns and operates luxury retirement communities located in Connecticut, South Carolina, North Carolina, Florida, Georgia and Indiana.	Private	SHO	15%
HOLIDAY	Holiday Retirement is one of the largest providers of independent living communities in the U.S. Founded in 1971, they are a privately held company and currently operate more than 300 facilities.	Private	SHO	14%
NHC NATIONAL HEALTHCARR CORPORATION	Founded in 1971, National HealthCare Corporation (NYSE: NHC) is a publicly traded operator, specializing in skilled nursing centers along with assisted and independent living facilities. NHC oversees more than 9,000 skilled nursing beds across 10 states, with properties located in the Southeastern, Northeastern, and Midwestern parts of the United States.	Public	SNF/SHO	14%
ENSIGN 🚍 GROUP	The Ensign Group (NASDAQ: ENSG), provides skilled nursing and assisted living services, physical, occupational and speech therapies, home health and hospice services, urgent care and other rehabilitative services.	Public	SNF	9%
HSM	Health Services Management is a non-profit formed in 2000. The Company operates more than 20 skilled nursing and assisted living facilities located in Florida, Indiana, Tennessee, and Texas.	NFP	SNF	4%
CHANCELLOR HEALTH CARE, LLC	Chancellor Health Care is based in Windsor, California and formed in 1992. Chancellor operates on the full continuum of care and has 8 properties across 4 states, which include California, Colorado, Maryland and Oregon, and serve over 750 seniors.	Private	SHO	3%
Senior Living Management	Senior Living Management Corporation is based in Coconut Creek, Florida and operates assisted living, memory care and skilled nursing facilities in Florida, Georgia and Louisiana.	Private	SHO	.3%
Prestige Care, Inc. Prestige Senior Living, LLC.	Prestige Care and Prestige Senior Living operate a family of more than 80 senior care communities throughout the western United States. Founded in 1985, Prestige provides a comprehensive senior service experience offering assisted living, independent living, memory care, home health, skilled nursing and rehabilitation.	Private	SHO	2%
BROOK DALE -SENIOR LIVING SOLUTIONS-	Brookdale Senior Living (NYSE: BKD), the largest provider of assisted living and memory care in the United States, operates more than 700 senior housing communities.	Public	SHO	2%

'Based on annualized cash revenue of \$277,670,000 for contracts in place at September 30, 2018

# LEADERSHIP >

# INVESTING IN RELATIONSHIPS



Eric Mendelsohn President & CEO



Kristin S. Gaines Chief Credit Officer



Roger R. Hopkins Chief Accounting Officer



Kevin Pascoe Chief Investment Officer



John Spaid EVP, Finance



Michelle Kelly SVP, Investments



Colleen Schaller Director, Investor Relations



Ron Reel Controller

# ANALYST COVERAGE

Chad Vanacore, Stifel, Nicolaus & Company Dana Hambly, Stephens Inc. Daniel Bernstein, Capital One Securities, Inc.

Eric Fleming, SunTrust Joe France, Cantor Fitzgerald John Kim, BMO Capital Markets Jordan Sadler, Key Banc Capital Markets Juan Sanabria, Bank of America Merrill Lynch Peter Martin, JMP Securities Rich Anderson, Mizuho Securities Todd Stender, Wells Fargo

# **INVESTOR RELATIONS**

National Health Investors, Inc. | 222 Robert Rose Drive | Murfreesboro, Tennessee 37129 | 615.890.9100 cschaller@nhireit.com | www.nhireit.com



# BALANCE SHEETS >

	September 30, 2018	December 31, 2017
Assets		
Real estate properties		
Land	\$ 200,197	\$ 191,623
Buildings and improvements	2,599,302	2,471,602
Construction in progress	7,890	2,678
	2,807,389	2,665,903
Less accumulated depreciation	(433,484)	(380,202)
Real estate properties, net	2,373,905	2,285,701
Mortgage and other notes receivable, net	155,461	141,486
Cash and cash equivalents	2,638	3,063
Straight-line rent receivable	114,397	97,359
Other assets	24,608	18,212
Total Assets	\$ 2,671,009	\$ 2,545,821
Liabilities and Stockholders' Equity		
Debt	\$ 1,220,135	\$ 1,145,497
Accounts payable and accrued expenses	18,750	16,302
Dividends payable	42,231	39,456
Lease deposit liabilities	21,275	21,275
Deferred income	5,218	1,174
Total Liabilities	1,307,609	1,223,704
Commitments and Contingencies		
National Health Investors Stockholders' Equity:		
Common stock, \$.01 par value; 60,000,000 shares authorized;		
42,230,851 and 41,532,154 shares issued and outstanding	422	415
Capital in excess of par value	1,336,779	1,289,919
Cumulative net income in excess of dividends	23,686	32,605
Accumulated other comprehensive income	2,513	(822)
Total Stockholders' Equity	1,363,400	1,322,117
Total Liabilities and Equity	\$ 2,671,009	\$ 2,545,821

Certain balances were reclassified to conform the presentation of prior periods to the current period.

# STATEMENTS OF INCOME

(in thousands, except share and per share amounts)

Quarter Ended September 30,	2018	2017
Revenues		
Rental income	\$ 71,688	\$ 68,204
Interest income from mortgage and other notes	3,197	3,045
Investment income and other	30	103
	74,915	71,352
Expenses		
Depreciation	18,153	17,023
Interest, including amortization of debt discount and issuance costs	12,374	11,746
Legal	371	215
Franchise, excise and other taxes	245	268
General and administrative	2,793	2,513
	33,936	31,765
Income before investment and other gains and losses	40,979	39,587
Loss on convertible note retirement		(495)
Net income	\$ 40,979	\$ 39,092
Weighted average common shares outstanding:		
Basic	42,187,077	41,108,699
Diluted	42,434,499	41,448,263
Earnings per common share:		
Net income attributable to common stockholders - basic	\$ .97	\$ .95
Net income attributable to common stockholders - diluted	\$ .97	\$ .94

Certain balances were reclassified to conform the presentation of prior periods to the current period.

# FFO, AFFO & FAD

# (in thousands, except share and per share amounts)

Quarter Ended September 30,		2018		2017
Net income attributable to common stockholders	\$	40,979	\$	39,092
Elimination of certain non-cash items in net income:				
Depreciation		18,153		17,023
Funds from operations		59,132		56,115
Loss on convertible note retirement				495
Debt issuance costs written-off due to credit facility modifications		-		407
Ineffective portion of cash flow hedges		_		(350)
Normalized FFO		59,132		56,667
Straight-line rent income, net		(5,719)		(6,951)
Amortization of lease incentives		108		69
Amortization of original issue discount		189		259
Amortization of debt issuance costs		625		635
Normalized AFFO		54,335		50,679
Non-cash share-based compensation		337		405
Normalized FAD	\$	54,672	\$	51,084
BASIC Weighted average common shares outstanding FFO per common share Normalized FFO per common share Normalized AFFO per common share	\$ \$ \$	42,187,077 1.40 1.40 1.29	\$ \$ \$	41,108,699 1.37 1.38 1.23
DILUTED				
Weighted average common shares outstanding		42,434,499		41,448,263
FFO per common share	\$	1.39	\$	1.35
Normalized FFO per common share	\$ \$ \$	1.39	\$	1.37
Normalized AFFO per common share	\$	1.28	\$	1.22
PAYOUT RATIOS				
Regular dividends per common share	\$	1.00	\$	.95
Normalized FFO payout ratio per diluted common share		71.9%		69.3%
Normalized AFFO payout ratio per diluted common share		78.1%		77.9%
i i				

Certain balances were reclassified to conform the presentation of prior periods to the current period.

# PORTFOLIO SUMMARY

	Properties	Units/ Sq. Ft*	YTD GAAP Revenue	YTD Straight Line	YTD Cash Revenue	Full Year Impact	Annualized Cash Revenue
Leases						970	
Senior Housing - Need Driven							
Assisted Living	93	4,618	\$ 58,881	\$ 5,372	\$ 53,509	\$ 21,273	\$ 74,782
Senior Living Campus	10	1,323	12,535	1,245	11,290	3,905	15,195
Total Senior Housing - Need Driven	103	5,941	71,416	6,617	64,799	25,178	89,977
Senior Housing - Discretionary							
Independent Living	30	3,412	36,840	5,058	31,782	10,690	42,472
Entrance-Fee Communities	10	2,363	38,124	4,721	33,403	11,268	44,671
Total Senior Housing - Discretionary	40	5,775	74,964	9,779	65,185	21,958	87,143
Total Senior Housing	143	11,716	146,380	16,396	129,984	47,136	177,120
Medical Facilities							
Skilled Nursing	71	9,198	57,935	1,132	56,803	22,287	79,090
Hospitals	3	181	5,993	38	5,955	2,031	7,986
Medical Office Buildings	2	88,517*	501	(50)	551	73	624
Total Medical Facilities	76		64,429	1,120	63,309	24,391	87,700
Total Lease Revenue	219		210,809	17,516	193,293	71,527	264,820
Mortgages and Other Notes Receivable							
Senior Housing - Need Driven	6	376	2,740		2,740	1,339	4,079
Senior Housing - Discretionary	1	400	3,391		3,391	578	3,969
Medical Facilities	4	270	520		520	166	686
Other Notes Receivable	10 <u></u>	1	3,062		3,062	1,054	4,116
Total Continuing Mortgage and Other notes	11	1,046	9,713		9,713	3,137	12,850
Current Year Disposals			= 19		-		<del></del>
Total Mortgage and Other Notes			9,713		9,713	3,137	12,850
Investment and Other Income			94		94	(94)	<del></del>
Total Revenue			\$ 220,616	\$ 17,516	\$ 203,100	\$ 74,570	\$ 277,670

# PORTFOLIO INFORMATION

# Tenant Purchase Options (\$ in thousands)

Asset Type	Number of Facilities	Lease Expiration	1st Option Open Year	Current Cash Rent	% of Total <sup>1</sup>
мов	1	February 2025	Open	\$ 300	0.1%
SHO	4	September 2027	Open	1,500	0.5%
SHO	8	December 2024	2020	4,310	1.6%
HOSP	1	March 2025	2020	1,900	0.7%
SHO	3	June 2025	2020	5,223	1.9%
HOSP	1	September 2027	2020	2,626	0.9%
SHO	2	May 2031	2021	4,892	1.8%
HOSP	1	June 2022	2022	3,460	1.2%
Various	8	. <del></del>	Thereafter	4,003	1.4%
					10.1%

<sup>&</sup>lt;sup>1</sup>Based on annualized cash revenue of \$277,670,000 for contracts in place at September 30, 2018

# Lease Maturities<sup>2</sup> (annualized cash rent; \$ in thousands)

	# of Properties	SHO	SNF	Other	Total
2018	<u></u>	\$ —	\$ -	<b>\$</b>	\$ -
2019	<u></u>	_	1 <del></del>	-	
2020	6	2,716	-	324	3,040
2021	2	787	1,224	-	2,011
2022	4	789	1 <del></del>	3,460	4,249
2023	15	11,298	3,788	-	15,086
2024	10	7,232	_	-	7,232
2025	6	5,710	_	2,200	7,910
2026	32	_	32,714	·-	32,714
2027	10	6,292	=	2,626	8,918
Thereafter	124	133,040	41,365	х	174,405

<sup>&</sup>lt;sup>2</sup>Excludes leases that auto renew

# RECONCILIATIONS (\$ in thousands)

Consolidated Net Debt to Adjusted EBITDA

	Thre	ee Months En	ded
Adjusted EBITDA Reconciliation	September 30, 2018		September 30, 2017
Net Income	\$ 40,979	\$	39,092
Interest expense	12,374		11,746
Franchise, excise, and other taxes	245		268
Depreciation	18,153		17,023
Loss on convertible note retirement	3⊢		495
Debt issuance costs written-off due to credit facility modifications	2:		407
Adjusted EBITDA	\$ 71,751	\$	69,031
Interest expense at contractual rates	\$ 11,637	\$	10,225
Principal Payments	286		199
Fixed Charges	\$ 11,923	\$	10,424
Fixed Charge Coverage	6.0x		6.6x
Net Debt to Adjusted EBITDA			
Consolidated Total Debt	\$ 1,220,135		
Less cash and cash equivalents	(2,638)		
Consolidated Net Debt	\$ 1,217,497		
Adjusted EBITDA	\$ 71,751		
Annualizing Adjustment	215,253		
	\$ 287,004		

4.2x

# **DEFINITIONS**

### **Annualized Revenues**

The term Annualized Revenue refers to the amount of revenue that our portfolio would generate if all leases and mortgages were in effect for the twelve-month calendar year, regardless of the commencement date, maturity date, or renewals. Therefore, annualized revenue is used for financial analysis purposes, and is not indicative of actual or expected results.

### Adjusted EBITDA & EBITDARM

We consider Adjusted EBITDA to be an important supplemental measure because it provides information which we use to evaluate our performance and serves as an indication of our ability to service debt. We define Adjusted EBITDA as consolidated earnings before interest, taxes, depreciation and amortization, including amounts in discontinued operations, excluding real estate asset impairments and gains on dispositions and certain items which, due to their infrequent or unpredictable nature, may create some difficulty in comparing Adjusted EBITDA for the current period to similar prior periods, and may include, but are not limited to, impairment of non-real estate assets, gains and losses attributable to the acquisition and disposition of assets and liabilities, and recoveries of previous write-downs. Since others may not use our definition of Adjusted EBITDA, caution should be exercised when comparing our Adjusted EBITDA to that of other companies.

EBITDARM is earnings before interest, taxes, depreciation, amortization, rent and management fees.

### CAGR

The acronym CAGR refers to the Compound Annual Growth Rate. The compound annual growth rate represents the year-over-year growth rate over a specified time period.

### Normalized FFO, AFFO & FAD

These operating performance measures may not be comparable to similarly titled measures used by other REITs. Consequently, our FFO, normalized FFO, normalized AFFO & normalized FAD may not provide a meaningful measure of our performance as compared to that of other REITs. Since other REITs may not use our definition of these operating performance measures, caution should be exercised when comparing our Company's FFO, normalized FFO, normalized AFFO & normalized FAD to that of other REITs. These financial performance measures do not represent cash generated from operating activities in accordance with generally accepted accounting principles ("GAAP") (these measures do not include changes in operating assets and liabilities) and therefore should not be considered an alternative to net earnings as an indication of operating performance, or to net cash flow from operating activities as determined by GAAP as a measure of liquidity, and are not necessarily indicative of cash available to fund cash needs.

FFO, as defined by the National Association of Real Estate Investment Trusts ("NAREIT") and applied by us, is net income (computed in accordance with GAAP), excluding gains (or losses) from sales of real estate property, plus real estate depreciation and amortization, and after adjustments for unconsolidated partnerships and joint ventures, if any. The Company's computation of FFO may not be comparable to FFO reported by other REITs that do not define the term in accordance with the current NAREIT definition or have a different interpretation of the current NAREIT definition from that of the Company; therefore, caution should be exercised when comparing our Company's FFO to that of other REITs. Diluted FFO assumes the exercise of stock options and other potentially dilutive securities. Normalized FFO excludes from FFO certain items which, due to their infrequent or unpredictable nature, may create some difficulty in comparing FFO for the current period to similar prior periods, and may include, but are not limited to, impairment of non-real estate assets, gains and losses attributable to the acquisition and disposition of assets and liabilities, and recoveries of previous write-downs.

We believe that FFO and normalized FFO are important supplemental measures of operating performance for a REIT. Because the historical cost accounting convention used for real estate assets requires depreciation (except on land), such accounting presentation implies that the value of real estate assets diminishes predictably over time. Since

real estate values instead have historically risen and fallen with market conditions, presentations of operating results for a REIT that uses historical cost accounting for depreciation could be less informative, and should be supplemented with a measure such as FFO. The term FFO was designed by the REIT industry to address this issue.

We believe that normalized AFFO is an important supplemental measure of operating performance for a REIT. GAAP requires a lessor to recognize contractual lease payments into income on a straight-line basis over the expected term of the lease.

This straight-line adjustment has the effect of reporting lease income that is significantly more or less than the contractual cash flows received pursuant to the terms of the lease agreement. GAAP also requires the original issue discount of our convertible senior notes and debt issuance costs to be amortized as a non-cash adjustment to earnings. Normalized AFFO is useful to our investors as it reflects the growth inherent in our contractual lease payments without the distortion caused by non-cash amortization.

We believe that normalized FAD is an important supplemental measure of operating performance for a REIT, also providing a useful indicator of the ability to distribute dividends to shareholders. Additionally, normalized FAD improves the understanding of our operating results among investors and makes comparisons with: (i) expected results, (ii) results of previous periods and (iii) results among REITs, more meaningful. Because FAD may function as a liquidity measure, we do not present FAD on a per-share basis.

## **Facility Types**

SHO - Senior housing HOSP - Hospital

EFC - Entrance Fee Community MOB - Medical office building

SNF -Skilled nursing facility

### **Fixed Charges**

The term Fixed Charges refers to interest expense and debt principal.

### Peer Average

The peer average calculations provided by Wells Fargo Securities include the following diversified healthcare REITs:

Ventas, Inc. LTC Properties, Inc. Sabra Health Care REIT, Inc.

HCP, Inc. Welltower, Inc.

### Stabilized Lease

A newly acquired triple-net lease property is generally considered stabilized upon lease -up (typically when senior-care residents occupy at least 85% of the total number of certified units over at least a 12 month period) Newly completed developments, including redevelopments, are considered stabilized upon lease-up, as described above.

### Total Return

The term Total Return refers to the total return an investor would have realized on an annual basis over a certain period assuming that all dividends are reinvested on the dividend payment date.

### WACY

The acronym WACY refers to Weighted Average Cash Yield, which is the anticipated rate of return upon initial investment excluding the impact of any discounts received or premiums paid.

