

TABLE I — SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor

Title of the Class	Date Acquired	Name of Acquisition Transaction	Name of Person from Whom Acquired (If not the person from whom acquired)	Amount of Securities Acquired	Date of Payment	Manner of Payment
Common	05/08/2018	Stock Award	THE JOINT CORP	7,240	06/02/2018	Compensation
Common	05/18/2017	Stock Purchase	THE JOINT CORP	12	06/16/2017	Cash/Check
Common	05/18/2017	Stock Purchase	THE JOINT CORP	700	06/16/2017	Cash/Check
Common	05/18/2017	Stock Purchase	THE JOINT CORP	2,116	05/18/2017	Cash/Check
Common	05/17/2017	Stock Purchase	THE JOINT CORP	532	06/17/2017	Cash/Check
Common	05/18/2017	Stock Purchase	THE JOINT CORP	2,815.0	06/18/2018	Cash/Check

INSTRUCTIONS: If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or on a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments, describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II — SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
MATTHEW E & MELISSA RUMEL MATTHEW E & MELISSA RUMEL	JOINT CORP COM	05/11/2021	10,712	\$ 484,304.94

REMARKS:

INSTRUCTIONS:

See the definition of "person" in paragraph (e) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

ATTENTION: The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not have any material adverse information in regard to the current and prospective operations of the issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to another, that person shall, under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instructions given, that person makes such representation as of the date of adoption or instruction date.

May 11, 2021

DATE OF NOTICE

DATE OF PLAN ADOPTION OR GIVING OF INSTRUCTIONS,
IF RELYING ON RULE 10b5-1

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed. Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)

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